

Design principles of cell circuits with paradoxical components

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Biological systems display complex networks of interactions both at the level of molecules inside the cell and at the level of interactions between cells. Networks of interacting molecules, such as transcription networks, have been shown to be composed of recurring circuits called network motifs, each with specific dynamical functions. Much less is known about the possibility of such circuit analysis in networks made of communicating cells. Here, we study models of circuits in which a few cell types interact by means of signaling molecules. We consider circuits of cells with architectures that seem to recur in immunology. An intriguing feature of these circuits is their use of signaling molecules with a pleiotropic or paradoxical role, such as cytokines that increase both cell growth and cell death. We find that pleiotropic signaling molecules can provide cell circuits with systems-level functions. These functions include for different circuits maintenance of homeostatic cell concentrations, robust regulation of differentiation processes, and robust pulses of cells or cytokines.

T helper cells | IL-2 | Tregs | TGF- β | IL-27

Gene regulation networks are composed of a handful of recurring circuit elements, called network motifs (1). Theory and experiments have shown that each network motif can carry out specific dynamical functions in an autonomous way, such as filtering noisy signals, generating output pulses, and speeding responses (1).

Here, we ask whether one can apply this approach to the level of circuits made of interacting cells. For this purpose, we consider cells that communicate by means of secreted molecules. These secreted molecules affect cell behaviors such as rate of proliferation and cell death. Previous studies on such cell systems attempted to include many cell types and interactions in a model involving numerous biochemical parameters and variables (2–5). Other works focused on the effects of a single cell type responding, for example, to a ligand that it secretes itself; these works showed the interplay between cell to cell variability and positive feedback, leading to bistability (selection), formation of thresholds for immune response, and memory (6, 7).

Here, we study simple models of circuits made of a few communicating cell types. Because many of the interactions in cell circuits are poorly characterized at present, we seek models in which the exact functional form of the interactions does not affect the conclusions; therefore, models have a degree of generality. We also scan all possible topologies with a given set of components to obtain the widest class of circuits that can perform a given function.

We consider circuit designs that seem to recur in immunology. An intriguing feature of these systems is the fact that many secreted signaling molecules (cytokines) are pleiotropic: they have multiple effects, sometimes antagonistic or paradoxical, such as increasing both proliferation and death of a certain cell type. We find that pleiotropic signals, in the configurations suggested by immune circuits, can provide circuits with specific dynamical functions. We discuss several such functions—homeostatic cell concentrations, robust regulation of differentiation processes, and robust pulses of cells or cytokines—and the corresponding immune circuit examples. The predicted functions can be readily tested experimentally.

Results

Fundamental Features of Cell Circuits. We consider models of cells that interact using chemical signals, such as cytokines, which we will denote generally as ligands. Cells can divide to form new cells of the same type, differentiate to new cell types, secrete ligands, and take up ligands from the medium. Cells are removed by cell death, migration, or differentiation. We define cell circuits as collections of interacting cells that perform specific dynamical functions.

To understand cell circuits, it is useful to study simple models of their dynamics. In this section, we introduce notation and equations as a basis for the following sections. The dynamics of the concentration of cells of type X can be described using a first-order differential equation (Eq. 1):

$$\dot{X} = \beta X - \alpha X, \quad [1]$$

where α is the cell removal rate, and β is its proliferation rate. The rate of new cell production, βX , is proportional to X , because all cells arise from existing cells by cell division. Eq. 1 results in a sensitive situation: if $\beta < \alpha$, X tends to zero, whereas if $\beta > \alpha$, X tends to infinity (Fig. 1A).

Note that nonlinear terms can be added to Eq. 1 to prevent cell concentrations from diverging to infinity. For example, a nonlinear proliferation rate that decreases as cells approach a limiting concentration [e.g., $\beta X(1 - X/X_{max})$] limits the population at the maximal carrying capacity X_{max} , in which available volume or other limiting factor runs out. In the present study, we seek mechanisms that can stabilize cell concentrations at values much smaller than the carrying capacity of the body or organ in question.

Eq. 1 stands in contrast to the typical equation of molecular circuits, where molecule m is produced at rate β and removed at rate α (1, 8, 9). The difference is that the production rate of molecules is usually zero order (β rather than βm). Thus (Eq. 2),

$$\dot{m} = \beta - \alpha m, \quad [2]$$

which has a nonzero stable steady state $m_{st} = \beta/\alpha$ without need for additional regulation (Fig. 1B). Specific molecular circuits can show bistability (1, 8, 9), but these circuits require a special design, such as positive feedback or autocatalysis such that $\beta = \beta(m)$ is a function of m over some range.

The intrinsic instability of Eq. 1 raises the need for regulation of cell proliferation and removal rates. One mode of regulation involves the response of cells to a ligand, with concentration that is denoted by c . When ligand is produced by cells X and acts on proliferation and removal rates β and α in Eq. 1, feedback mechanisms can arise. Below, we discuss simple cell circuits that can carry out such feedback.

An additional fundamental process is differentiation, where cell type X_0 gives rise to a different cell type X_1 , and therefore (Eq. 3),

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$$\dot{X}_1 = \beta X_0 - \alpha X_1. \quad [3]$$

This simple situation results in dynamics of X_1 that depend on the initial concentration of precursor cells X_0 (Fig. 1C). One may expect that concentrations of precursors vary from individual to individual and in the same individual over time, raising the challenge of making the response of the system insensitive to such fluctuations (10–13).

For the sake of simplicity, in the following analysis, we consider only the average cell dynamics, and therefore, no spatial component (7, 14) or stochastic components (6, 15) of the diversity between cells are included. Such factors can be readily added in future studies.

Homeostatic Cell Concentration with an OFF State by Ligand Enhancement of both Proliferation and Removal Rates. As mentioned above, achieving a specified cell concentration requires control of proliferation and/or removal rates. We now discuss ways in which such regulation can be achieved.

Consider a cell type X that produces ligand c that affects the cell's proliferation rate $\beta(c)$ and its removal rate $\alpha(c)$. The production–removal equation is (Eq. 4)

$$\dot{X} = (\beta(c) - \alpha(c))X, \quad [4]$$

where c is produced by X (Eq. 5):

$$\dot{c} = \beta_2 X - \gamma c. \quad [5]$$

Eqs. 4 and 5 have a form known as integral feedback (16, 17). They allow a nonzero steady state only at a special ligand level c^* , at which proliferation rate equals removal rate $\beta(c^*) = \alpha(c^*)$.

The way in which $\beta(c)$ and $\alpha(c)$ depend on c is important for the behavior of the circuit. We consider here the situation found in CD4⁺ T-cell proliferation, where the cytokine $c = \text{IL-2}$ produced by these cells is a pleiotropic signal for both their proliferation and death (18, 19). In this system, both β and α increase with c (Fig. 2A and B).

When β and α both increase as a function of c and cross each other with appropriate slopes, a stable steady-state solution is found, c^* , as shown graphically in Fig. 2D. Furthermore, when ligand is not present ($c = 0$), the cell population goes to a second fixed point (an OFF state) with no cells, $X = 0$ (because X derivative in time equals zero for $X = 0$; Eq. 4).

Because X produces the ligand c , Eq. 5 implies that steady state occurs at a unique value of the cell concentration (Eq. 6):

$$X^* = \frac{\gamma}{\beta_2} c^*. \quad [6]$$

This steady-state cell concentration X^* (and ligand concentration c^*) is independent of the initial number of cells $X(t = 0)$ for a wide range of $X(t = 0)$ values in the basin of attraction of the ON state (Fig. 2C). Thus, a stable nonzero steady state is achieved, which contrasts the simple circuit designs with no regulation described above (Fig. 1A). At very low initial cell levels, the cell number decays to zero—the OFF state (Fig. 2C). The stable OFF state ensures that small fluctuations do not cause a full response.

Other possibilities, such as one rate decreasing with c and one rate increasing with c levels, abolish either the stability of the OFF state or the stability of the ON state (Fig. 2E and F, respectively). These considerations constrain the possible dependence of β and α on c .

These predictions can be readily tested experimentally by using different initial levels of T_H-effector cells and following their proliferation curves over time (similar to Fig. 2C) to test whether differentiated cell levels are insensitive to precursor levels. Indeed, several studies have shown, using adoptive transfer experiments, that precursor amounts are weakly correlated with final levels of differentiated cells (10–13) (SI Appendix). For example, Badovinac et al. (10) found that, over a four order of magnitude change of precursor amounts, the change in total effector CD8⁺ T cells is less than one-half an order of magnitude. Recent theoretical

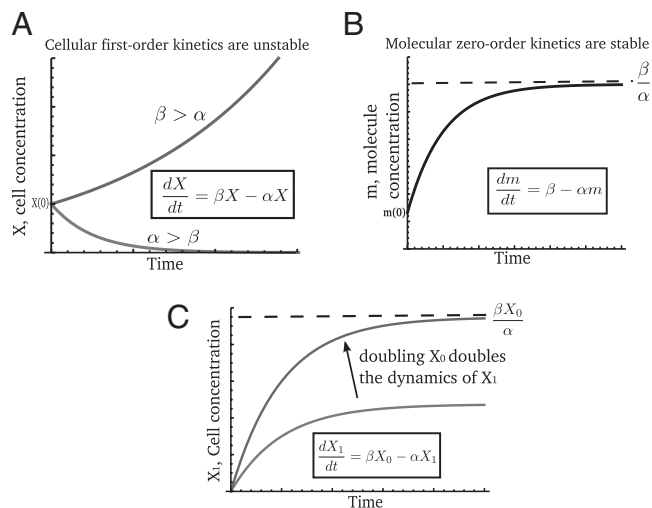


Fig. 1. Without special regulation, cell concentration dynamics are inherently unstable and sensitive to precursor cell levels, whereas dynamics of molecular circuits are stable. (A) Dynamics of cell concentration where cell proliferation rate is β and removal rate is α . (B) Dynamics of molecule concentration produced at rate β and removed at rate α reach a unique, stable steady state. (C) Dynamics of cells X_1 that differentiate from a precursor population X_0 at rate β and are removed at rate α with no divisions.

explanations rely on negative feedback mechanisms, which can provide partial compensation for precursor levels (20, 21) (additional discussion in SI Appendix).

Analysis of All Circuit Topologies with One Cell Type and One Ligand Shows a Small Class of Mechanisms for Stable Cell Concentrations with an OFF State. To test the generality of the above mechanism, we studied all possible circuits with one cell type X and one ligand c . In each circuit topology, cells X proliferate and are removed and they can uptake and/or secrete c . The ligand c affects cell proliferation and/or death rates, and it can be produced by X and/or an external source. Models that include all of these effects are (Eq. 7)

$$\dot{X} = (\beta(c) - \alpha(c))X \quad [7]$$

and (Eq. 8)

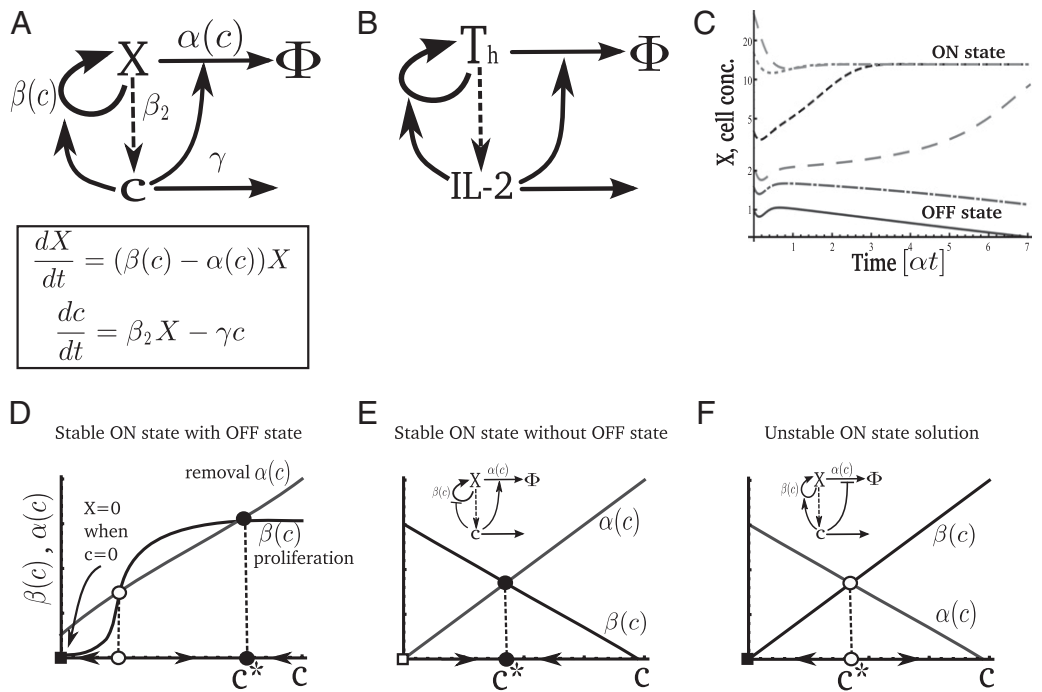
$$\dot{c} = \beta_3 + \beta_2 X - \alpha_0 X f(c) - \gamma(c), \quad [8]$$

where β_3 is the external c source, $\beta_2 X$ is c secretion rate by X , the term with α_0 is the rate of uptake of c by X , and $\gamma(c)$ is the rate of c degradation. Note the use of general functional forms that are assumed only to be smooth and monotonic.

One can omit some of the processes in Eqs. 7 and 8, resulting in different circuit topologies. Each circuit topology is defined by which of the six terms in Eqs. 7 and 8 is present, yielding a total of 24 topologies that are connected in the sense that c affects X and X affects c in some way (Fig. 3A). We find that 15 of 24 topologies can yield a stable steady-state solution in which X equals $X^* > 0$ (SI Appendix, Fig. S1). Stability conditions can be derived analytically (Methods), resulting in inequalities to be satisfied by the various functions in Eqs. 7 and 8. This analysis shows that the circuits are stable for a wide range of functional forms and parameters. The origin of the stable fixed point in all of these circuits is an effective negative feedback loop (1, 8, 9), in which increase in cell numbers leads to a change in c that reduces cell numbers.

We also asked which of the circuits can show both a stable ON state and a stable OFF state. We find that this feature requires that ligand c affects both proliferation and death, which occurs in 4 of the 24 circuits (marked in Fig. 3A). To have both states, assuming that X and c positively correlate, $\beta(c) - \alpha(c)$ needs to have negative values for low and high c levels, while being positive for midvalues

Fig. 2. Cytokine control can provide a homeostatic concentration of cells and an OFF state at low initial cell levels. (A) Schematic of a circuit in which cytokine c is produced by cells X at rate β_2 and degraded at rate γ . The cytokine affects both the cell proliferation rate $\beta(c)$ and the removal rate $\alpha(c)$. (B) An immune example of this circuit, where T_h cells produce IL-2, which increases both their proliferation rate and apoptotic rate. (C) Above a certain threshold in initial cell levels, cell concentration dynamics of circuit (A) converge to a unique steady state (the ON state) independent of initial amounts of X or c . At low initial cell levels, cell concentration dynamics decay to zero (the OFF state). Here, $\alpha(c) = c$, $\beta(c) = 3 \frac{c^2}{c^2 + 1}$, $\beta_2 = 1$, $\gamma = 5$, $c(0) = 5$, and $X(0) = 1, 1.5, 2, 4, 16$, and 32 . (D–F) For X to be in steady state, its time derivative needs to be zero. There are two ways this can happen: either $X = 0$ or $\beta(c) = \alpha(c)$ (Eq. 4). In D–F, circles denote fixed points caused by crossing of $\beta(c)$ and $\alpha(c)$, whereas squares denote fixed points caused by $X = 0$ without such a crossing (the OFF state). The latter occurs when $c = 0$. Full circles and squares mark stable fixed points; open circles and squares mark unstable ones. (D) When cell proliferation and removal rates both increase with c and cross each other with appropriate slopes, a stable steady-state solution is found, $c^* > 0$. In addition, when $c = 0$, the cell population goes to a second stable fixed point (an OFF state) with no cells, $X = 0$. (E) When cytokine c inhibits proliferation rate and enhances removal rate, a single stable steady state occurs without a stable OFF state. (F) When cytokine c inhibits removal rate and enhances proliferation rate, the steady-state ON state solution is unstable.



of c . This situation occurs, for example, when both $\beta(c)$ and $\alpha(c)$ are increasing functions of c and cross each other, like in the functions $\alpha(c) = c$ and $\beta(c) = \frac{3c^2}{c^2 + 1}$ used in Fig. 2C. In other words, the ligand should be paradoxically pleiotropic, increasing both proliferation and removal of cells (*SI Appendix* has a general analysis of the fixed points and their stability). In these circuits, the cell concentration at the ON state, X^* , can be tuned by changing the external source of the ligand, β_3 . The origin of the stable OFF state is an effective positive feedback loop on top of the negative loop required for the stable ON state (8, 9). These two loops are enabled by the paradoxical nature of the ligand.

An analysis of the phase plane dynamics of these circuits is presented in *SI Appendix*, showing that some of them can show a pulse of c production, whereas others have monotonic c dynamics (*SI Appendix*, Fig. S1).

To summarize, 4 of 24 possible circuit topologies can show a stable steady-state cell level with both ON and OFF states. One of these circuit topologies seems to appear in the CD4⁺ T-cell system (Fig. 2B). All four topologies use a paradoxically pleiotropic ligand.

Differentiated Cell Concentration That Is Robust to the Precursor Cell Concentration. Next, we consider a situation in which cell type X_1 is continuously produced from precursor cells X_0 . The aim is a circuit that can make the concentration of X_1 independent of the concentration of precursor cells X_0 and yet responsive to an input ligand c . Such a circuit can make X_1 insensitive to naturally occurring fluctuations in the level of the precursor cell population.

We begin with a simple circuit based on an immunological system. Then, we analyze all circuit topologies with a precursor cell type and a differentiated cell type that interact with one ligand.

Consider a circuit (inspired by an immunological example described below) in which the ligand c increases the rate at which the precursor cell X_0 differentiates to cell type X_1 (Eq. 9):

$$\dot{X}_1 = \beta_0 f(c) X_0 - \alpha X_1. \quad [9]$$

Here, $f(c)$ is an increasing function of c that describes signaling that occurs when c binds its receptors on X_0 cells, stimulating differentiation. The precursor cells X_0 in this circuit have a second role: they inhibit the ligand by taking it up (by endocytosis). Thus, the ligand removal rate depends on X_0 . Because endocytosis of a ligand or cytokine typically involves its binding to the same receptors that it uses for signaling (22, 23), one can make the important assumption that the uptake rate per cell is proportional to the signaling rate per cell (Eq. 10)

$$\dot{c} = \beta_3 - \alpha_1 f(c) X_0. \quad [10]$$

Note that the same function $f(c)$ appears in both Eqs. 9 and 10 because of the linked biological mechanisms of signaling and endocytosis (23).

As a result, at steady state, Eq. 10 shows that the ligand reaches a level c^* such that $f(c^*)$ is inversely proportional to X_0 , $f(c^*) = \frac{\beta_3}{\alpha_1 X_0}$. Plugging this result into Eq. 9 shows that the steady-state concentration of X_1 is independent of X_0 :

$$X_1^* = \frac{\beta_0 \beta_3}{\alpha \alpha_1}. \quad [11]$$

This behavior stands in contrast to simpler designs, in which the differentiated cell levels increase with precursor cell levels (Fig. 1C). Intuitively, X_1^* is independent of precursor concentration because the precursors X_0 have two antagonistic roles: they are both the source of X_1 and at the same time, the inhibitor of the stimulatory ligand c (Fig. 4). These two effects cancel out the dependence of X_1 on X_0 : more X_0 means a proportional increase in both production of X_1 and inhibition of c .

This principle may apply to the differentiation of CD4⁺ T cells (X_0) into effector cells such as T_h2 cells (X_1) in response to the input ligand $c = \text{IL-2}$. In the initial stages of differentiation relevant for the present discussion, IL-2 is found in low but stimulatory levels. The cytokine IL-2 communicates an immune challenge and results in increased levels of helper T cells. At the same time, there exists a second population, regulatory T cells

sizes of lymph nodes, or variations in the amounts of predifferentiated cells. In the context of development, such circuits might help maintain a desired concentration of a cell type in a growing organ, independent of the precursor cell population.

Fold-change detection mechanisms (Fig. 5) can provide cell circuits with features analogous to well-studied sensory systems ranging from the visual and auditory system to bacterial chemotaxis (26, 27). Responding to fold changes rather than absolute change allows for detecting signals above noisy backgrounds and filtering out variations that multiply the input by a constant, such as variations in cell numbers and other parameters (27).

The last mechanism considered here for creating a robust, stereotyped pulse response (Fig. 5) can allow a precise dose of output cytokine, despite fluctuations between individuals (such as different lymph node volumes). Because cytokines are potent regulators of cell functions, their secretion must be carefully regulated. The present mechanism allows a sizable response, with amplitude that is not too large or too small, avoiding the deleterious effects of immune hyperactivity. Such stereotyped pulse-like doses seem to occur in the context of pulsing transcription factors (34, 35) such as p53 in response to DNA double-stranded breaks, where pulse amplitude and shape are independent on signal level (36). A similar situation may also occur in hormone pulses (26) and might also be relevant for neurotransmitter production.

The present study provides a functional explanation of why many cytokines have paradoxically opposite effects on different processes. We find that such paradoxical components can provide cell circuits with useful biological functions: homeostasis (robustness) and pulse generation.

A principle that emerges is that paradoxical components may have one of two general effects depending on whether the functions carried out by the component act at the same time or at a delay (Fig. 5G). When there is no delay, antagonistic pleiotropy helps maintain homeostasis (Figs. 2 and 4). When there is a delay, it produces a robust pulse output (Fig. 5). This principle applies

also to molecular circuits: bifunctional enzymes can lead to homeostasis by carrying out antagonistic functions at the same time (37–39), and IFFLs lead to pulses by carrying out antagonistic functions at a delay.

The present analysis includes the simplest considerations of population averages without taking space into account. Additional work can examine the effects of cell–cell variability (e.g., in receptor numbers), stochastic effects in sensing, and the effects of the spatial distribution of cells and ligands (7, 14). Spatial organization can be important, because the combined effect of ligand diffusion and uptake creates a microenvironment of limited extent in which a given cell can affect its neighbors (7, 14). The present models make specific predictions for experiments, in which certain dynamics are expected to be insensitive to varying cell or cytokine concentrations.

More generally, it would be interesting to map additional principles from the level of molecular circuits to the level of circuits of interacting cells. Cell circuits may provide building blocks to understand complex cellular networks.

Methods

To analyze the fixed point stability of Eqs. 7 and 8, we calculated the Jacobian (J) and asked when the determinant and trace obey $\text{Det}(J) > 0$ and $\text{Tr}(J) < 0$. The following inequalities should hold for the different fixed points to be stable. The point $X = 0$, $c = \frac{\beta_2}{\gamma} = c_0$ is stable when $\beta(c_0) < \alpha(c_0)$. When $\beta_3 = 0$, then $c_0 = 0$, and the condition sets proliferation to be lower than removal rate at zero ligand concentration, making the OFF state stable. The ON state fixed point $X = X^*$, $c = c^*$ is stable when $-(\beta'(c^*) - \alpha'(c^*))(\beta_2 - \alpha_0 f(c^*)) > 0$, which means that either $\beta'(c^*) > \alpha'(c^*)$ and $\beta_2 < \alpha_0 f(c^*)$ or $\beta'(c^*) < \alpha'(c^*)$ and $\beta_2 > \alpha_0 f(c^*)$ (SI Appendix).

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