Reshaping the ISAC Tradeoff Under OFDM Signaling: A Probabilistic Constellation Shaping Approach

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Abstract—Integrated sensing and communications is regarded as a key enabling technology in the sixth generation networks, where a unified waveform, such as orthogonal frequency division multiplexing (OFDM) signal, is adopted to facilitate both sensing and communications (S&C). However, the random communication data embedded in the OFDM signal results in severe variability in the sidelobes of its ambiguity function (AF), which leads to missed detection of weak targets and false detection of ghost targets, thereby impairing the sensing performance. Therefore, balancing between preserving communication capability (i.e., the randomness) while improving sensing performance remains a challenging task. To cope with this issue, we characterize the random AF of OFDM communication signals, and demonstrate that the AF variance is determined by the fourth-moment of the constellation amplitudes. Subsequently, we propose an optimal probabilistic constellation shaping (PCS) approach by maximizing the achievable information rate (AIR) under the fourth-moment, power and probability constraints, where the optimal input distribution may be numerically specified through a

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modified Blahut-Arimoto algorithm. To reduce the computational overheads, we further propose a heuristic PCS approach by actively controlling the value of the fourth-moment, without involving the communication metric in the optimization model, despite that the AIR is passively scaled with the variation of the input distribution. Numerical results show that both approaches strike a scalable performance tradeoff between S&C, where the superiority of the PCS-enabled constellations over conventional uniform constellations is also verified. Notably, the heuristic approach achieves very close performance to the optimal counterpart, at a much lower computational complexity.

Index Terms—Integrated sensing and communications, OFDM, ambiguity function, probabilistic constellation shaping.

I. INTRODUCTION

W IRELESS sensing is envisioned as a native capability of sixth generation (6G) networks, which facilitates many emerging applications requiring reliable and high-precision location-aware functionality [1], [2], [3], [4]. This triggers the recent development of integrated sensing and communications (ISAC) technology that has received official recognition from the international telecommunication union (ITU) [5], as one of the vertices supporting the 6G hexagon of usage scenarios. Indeed, ISAC enables a synergistic design of previously isolated sensing and communication (S&C) functionalities, which not only improves the utilization efficiency of both hardware and wireless resources, but may also lead to mutual performance gains between S&C [6], [7].

To fully realize the promise of ISAC technologies, a unified signal capable of simultaneously accomplishing both S&C tasks is indispensable. In general, ISAC signaling strategies may be classified into three design philosophies, namely, sensingcentric [8], [9], [10] and communication-centric [11], [12] designs that are built upon legacy S&C waveforms, respectively, and joint designs [13] aiming to conceive ISAC waveforms from the ground-up. While the joint design strategy may potentially achieve the Pareto performance boundary, it suffers from high computational complexity and lack of compatibility with existing S&C infrastructures. To that end, communication-centric designs may be a more viable and low-cost solution to implement ISAC in 6G wireless networks, where standardized orthogonal frequency division multiplexing (OFDM) waveforms can be straightforwardly adopted for target sensing.

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The feasibility of employing OFDM signals for target detection [14], estimation [15], and tracking [16] has been verified for radar systems in the last decade. Along this line of research, OFDM radar waveform optimization has been well-investigated for enhancing the sensing performance [17], [18], [19], [20]. However, most existing works treat OFDM radar signals as deterministic, where random communication symbols are replaced by deterministic weights representing power allocation across subcarriers. Consequently, the sensing performance is optimized at the price of elimination of the signaling randomness, i.e., the loss of data transmission capability.

Despite the well-evolved OFDM radar theory, applying the OFDM framework to ISAC systems still faces several challenges. To this end, multiplexing OFDM signals for S&C purposes is envisioned as a promising solution, such as exploiting the subcarrier assignment strategy in [21], [22]. In contrast, we concentrate on the unified OFDM-based ISAC signaling in this paper. To convey useful information, OFDMbased ISAC signals have to accommodate randomness of the communication data. In particular, each subcarrier is endowed with a communication symbol randomly drawn from certain codebooks, e.g., phase shift keying (PSK) or quadrature amplitude modulation (QAM) constellations. Highly random signals ensure high-throughput transmission, but may jeopardize target sensing. As evidenced in [23], random Gaussian signals, known to be capacity-achieving for point-topoint Gaussian channels, lead to sensing performance loss due to increased Cramér-Rao bound (CRB) for parameter estimation, implying a deterministic-random tradeoff between S&C in terms of their different preference on the input distribution.

In order to cope with the above issue, exploiting OFDM communication signals for sensing while preserving its randomness has received recent attention [24], [25], [26], [27]. The basic rationale is to extract delay and Doppler parameters with the standard matched filtering approach, which may be split into four steps: 1) Frequency domain observations with Fast Fourier transform (FFT); 2) Compensation of known data symbols with conjugate multiplication; 3) Inverse FFT across subcarriers; 4) FFT across symbols. In this context, delay and Doppler estimation is decoupled, where a target is declared to be present if a peak is detected in the corresponding delay-Doppler resolution cell when comparing with a threshold. A desired matched filter requires adherence to the constant modulus constraint on the transmit waveform, which ensures a flat spectrum and facilitates narrow mainlobes and low sidelobes. PSK-modulated OFDM signals with randomly varying phases and a fixed amplitude typically fulfill this requirement, while QAM fails to meet this criterion due to randomly varying amplitudes. Consequently, adopting QAM-modulated OFDM communication signals directly for target detection leads to compromised sensing performance.

More relevant to this work, a data division approach has been proposed in [11], since data symbols are perfectly known at the sensing receiver in a monostatic ISAC system. By sampling at each OFDM symbol and performing block-wise FFT, the communication symbol is mitigated by element-wise division. However, this operation may change the statistical characteristics of the noise across subcarriers and OFDM symbols, leading to performance degradation in thresholding and peak detection in the subsequent 2D-FFT processing. As a result, PSK modulation is preferable for sensing comparing to QAM, since it keeps the noise distribution unaltered, at the price of reduced communication rate. Indeed, the inherent data randomness results in fluctuated sidelobes of the ambiguity function (AF) for OFDM communication signals, both for matched filtering and data division approaches, leading to missed detection of weak targets and false detection of ghost targets. Thus, the stateof-the-art OFDM signaling schemes are generally unable to balance between S&C performance, due to the absence of sufficient degrees-of-freedom (DoFs) for controlling the signaling randomness.

Inspired by the deterministic-random tradeoff in ISAC systems [23], we aim to explore a novel DoF beneficial for bridging between S&C performance, i.e., the input distribution of constellation symbols, which is different from classic PSK and QAM with uniformly distributed symbols. In practice, optimizing the input distribution has been leveraged merely for communication purpose, i.e., minimizing the gap between the achievable information rate (AIR) and channel capacity, which is known as probabilistic constellation shaping (PCS) [28], [29], [30], [31], [32]. Nevertheless, the benefits of exploiting PCS in ISAC systems have not yet been clarified and validated.

To be more specific, in this paper our aim is to preserve the communication capability (i.e., the randomness) of OFDM signaling modulated by non-uniformly distributed QAM symbols, while improving its sensing ability relative to a classic QAM counterpart. To this end, we propose a tailored PCS approach to generate random symbols with optimized input probabilities in accordance with S&C requirements. The core idea here is to build up the exact relationship between the input distribution of random symbols and S&C metrics, thereby scaling S&C behaviors with the PCS approach. For clarity, our contributions are summarized as follows:

- We commence by studying the expectation and variance of AF for a single OFDM communication symbol, where i.i.d. input symbols are drawn from a finite complex-valued alphabet known as a constellation, with arbitrary input distribution. Previous works, such as [33], investigated these properties only for PSK-modulated OFDM signals, which cannot handle the case of arbitrary constellations following rules of zero mean, unit power, and rotational symmetry [34]. We further extend the statistical analysis to multiple OFDM symbols. Our analysis reveals that the variance of AF is closely related to the fourth-order moment of random constellation amplitudes.
- We propose to maximize the AIR constrained by the fourth-moment of constellation symbols through leveraging the PCS method. The resulting model is highly non-linear. To tackle this challenge, we introduce a modified Blahut-Arimoto (MBA) algorithm that is proved to attain the globally optimal distribution. Simulations depict its ability to strike a controllable tradeoff between S&C performance.

• To reduce the computational overheads, we further present a heuristic PCS approach by actively controlling the value of the fourth-order moment, without explicitly involving the AIR constraint. While the model omits the AIR, we show that it achieves a near-optimal S&C performance tradeoff at a significantly reduced computational complexity. This attributes to the adjustable signaling randomness arisen by optimizing the fourth-moment, thereby balancing between S&C behaviors.

Numerical results verify that both PCS approaches may attain a flexible tradeoff between S&C performance in ISAC systems, in contrast to conventional uniformly distributed PSK/QAM constellations that only achieve the sensing/communicationoptimal performance, i.e., two corner points on the S&C tradeoff curve. The tailored algorithms can be implemented offline, indicating their potentials of being efficiently deployed in practical scenarios.

The remainder of this article is organized as follows. Section II formulates the AF of OFDM signaling and its statistical characteristics. Section III analyzes the communication metric, i.e., the AIR. Two PCS approaches are proposed in Section IV. Simulations in Section V demonstrate the advantage of the approaches in striking a flexible tradeoff between S&C performance. Finally, the article is concluded in Section VI.

Notation: Throughout the paper, **A**, **a**, and *a* denote a matrix, vector, and scalar, respectively. We use $\Re(\cdot)$, $\mathbb{E}(\cdot)$, $\|\cdot\|$, $\|\cdot\|$, $\|\cdot\|$, $(\cdot)^T$, $(\cdot)^*$, $(\cdot)^H$, $(\cdot)^{-1}$, $\mathbf{1}_N$, and \mathbf{I}_N to denote the real part of a complex number, expectation, modulus of a complex number, Frobenius norm, transpose, conjugate, Hermitian, inverse, identity vector of size $N \times 1$, and identity matrix of size $N \times N$, respectively.

II. SENSING PERFORMANCE EVALUATION

In this section, we commence with the ISAC signal model for a single OFDM symbol. Subsequently, the statistical characteristics of its AF, i.e., the expectation and variance, are derived. Then the more general case of OFDM sequences is analyzed. This lays a foundation for the proposed two PCS approaches in Section IV.

A. Characterization of AF

We consider a monostatic ISAC system employing OFDM signals for S&C tasks simultaneously. An OFDM symbol consisting of L subcarriers, occupying a bandwidth of B Hz and a symbol duration of T_p seconds, is given by

$$s(t) = \sum_{l=0}^{L-1} A_l \exp\left(j\psi_l\right) \exp\left(j2\pi l\Delta ft\right) \operatorname{rect}\left(t/T_p\right), \quad (1)$$

where $\exp(j2\pi l\Delta ft) \triangleq \phi_l(t)$ denotes the *l*th subcarrier, $\Delta f = B/L = 1/T_p$ represents the subcarrier interval in the frequency domain, A_l and ψ_l denote the amplitude and phase of the *l*th i.i.d. input symbol drawn from a finite complex-valued alphabet, such as the QAM based constellation in Fig. 1, and rect(t) represents the rectangle window, equal to 1 for $0 \le t \le 1$, and zero otherwise.



Fig. 1. QAM constellation: geometrical and probabilistic symmetry.

Practical OFDM signaling usually involves cyclic prefix (CP), in order to alleviate inter-symbol interference (ISI) and inter-carrier interference (ICI) for S&C purposes. To this end, the duration of CP must be larger than the maximum delay of communication paths and radar targets. For the sensing task with matched filtering, the linear convolution between the received CP-OFDM and the transmitted OFDM without CP, is equivalent to the circular convolution between those counterparts without CP for nearby targets. Therefore, these two manners give rise to similar sidelobe levels in the detectable range profile, and the same mainlobe gain due to the identical time duration (i.e. T_p) for coherent accumulation. Nevertheless, CP-OFDM may not be preferred for long-range detection tasks where the targets are far beyond the coverage of a CP, in which case the ISAC signal is intermittently transmitted with a small duty ratio, rather than leveraging the CP. According to these two factors, and for the convenience of subsequent analysis, we omit CP in our model.

The randomness of OFDM communication signals lies in the discrete random variables $A_l \exp\{j\psi_l\}$ mapped from the bit streams to the constellation symbols with a certain input distribution. To illustrate this in Fig. 1, we denote the complex random variable in an arbitrary constellation by $x = A_x \exp(j\psi_x)$, and assume that there are Q discrete constellation points in the given input alphabet $x \in \mathcal{X} = \{x_1, x_2, \cdots, x_Q\}$, where the qth point x_q is transmitted with prior probability p_q , satisfying $\sum_{x} p(x) = \sum_{q=1}^{Q} p_q = 1$. As a special case, conventional PSK and QAM constellations are uniformly distributed, i.e., $p(x) = \frac{1}{Q}, \ \forall x.$ The expectation $\mathbb{E}_Y\{y\} = \sum_x f(x)p(x)$ refers to the summation of Q values weighted by their discrete probabilities in the constellation, where y = f(x) represents a function of the random constellation points x. For convenience, we omit the subscript of $\mathbb{E}_{Y}\{y\}$ in the following. With this definition, the normalized transmit power can be expressed as $\mathbb{E}\{A_l^2\} = 1.$

Suppose that a target to be detected has delay τ_0 and Doppler shift ν_0 . Then the received signal is expressed as

$$y_r(t) = \alpha s(t - \tau_0) \exp(j2\pi\nu_0 t) + n_r(t), \qquad (2)$$

where α and $n_r(t)$ represent the radar cross section (RCS) and input jamming¹, respectively. The matched filtering at the sensing receiver is thus given as

$$\Delta(\tau,\nu) = \int_{-\infty}^{\infty} y_r(t) s^*(t-\tau) \exp\left(-j2\pi\nu t\right) dt$$
$$= \alpha \Lambda \left(\tau - \tau_0, \nu - \nu_0\right) + n'_r(t), \tag{3}$$

where $\Lambda(\tau, \nu)$ is followed from the Woodward's definition of AF [35], which is interpreted as the matched filter response, expressed as a two-dimensional correlation between the transmit signal s(t) and its time-delayed/frequency-shifted counterpart, i.e.,

$$\Lambda(\tau,\nu) = \int_{-\infty}^{\infty} s(t)s^*(t-\tau)\exp\left(-j2\pi\nu t\right)dt.$$
 (4)

Proposition 1: The AF of a single OFDM symbol is

$$\Lambda(\tau,\nu) = \Lambda_{\rm S}(\tau,\nu) + \Lambda_{\rm C}(\tau,\nu), \tag{5}$$

where

$$\begin{split} \Lambda_{\rm S}(\tau,\nu) &= T_{\rm diff} {\rm sinc} \left(-\nu T_{\rm diff} \right) \exp \left\{ -j 2\pi \nu T_{\rm avg} \right\} \\ &\times \sum_{l=0}^{L-1} A_l^2 \exp \left\{ j 2\pi l \Delta f \tau \right\}, \\ \Lambda_{\rm C}(\tau,\nu) &= T_{\rm diff} \sum_{l_1=0}^{L-1} \sum_{l_2=0\atop l_2\neq l_1}^{L-1} A_{l_1} A_{l_2} \exp \left(j \left(\psi_{l_1} - \psi_{l_2} \right) \right) \\ &\times \exp \left\{ j 2\pi \left[\left((l_1 - l_2) \Delta f - \nu \right) T_{\rm avg} + l_2 \Delta f \tau \right] \right\} \\ &\times {\rm sinc} \left\{ \left[(l_1 - l_2) \Delta f - \nu \right] T_{\rm diff} \right\}. \end{split}$$

Here T_{avg} and T_{diff} are defined as $T_{\text{avg}} = \frac{T_{\text{max}} + T_{\text{min}}}{2}$ and $T_{\text{diff}} = T_{\text{max}} - T_{\text{min}}$, where $T_{\text{min}} = \max(0, \tau)$, and $T_{\text{max}} = \min(T_p, T_p + \tau)$. In addition, $\operatorname{sinc}(x) = \frac{\sin(\pi x)}{\pi x}$.

Proof: See Appendix A.

Evidently, $\Lambda_{\rm S}(\tau,\nu)$ represents the superposition of L self-AF components, while $\Lambda_{\rm C}(\tau,\nu)$ contains the L(L-1) cross-AF components. Next, we aim to derive the expectations and variances of $\Lambda_{\rm S}(\tau,\nu)$ and $\Lambda_{\rm C}(\tau,\nu)$. To proceed, we first present the following assumption.

Assumption 1: In this article, we consider "arbitrary" constellations following rules of zero mean, unit power, and rotational symmetry [34]. Usually, constellation points in each concentric circle are with the same probabilities. For example, graphical illustration of 16-QAM based constellation format is displayed in Fig. 1, where $p_1 = \cdots = p_4$, $p_5 = \cdots = p_{12}$, $p_{13} = \cdots = p_{16}$, and $\sum_{q=1}^{Q=16} p_q = 1$. This rule evidently guarantees that $\mathbb{E}\{A_l \exp(j\psi_l)\} = 0$.

For notational convenience, we use Λ , Λ_S , and Λ_C in the following. The expectation and variance of Λ may then be represented as

$$\mathbb{E}[\Lambda] = \mathbb{E}[\Lambda_{S}] + \mathbb{E}[\Lambda_{C}], \tag{6}$$

and

$$\sigma_{\Lambda}^{2} = \mathbb{E}[|\Lambda|^{2}] - |\mathbb{E}[\Lambda]|^{2} = \underbrace{\mathbb{E}[|\Lambda_{S}|^{2}] - |\mathbb{E}[\Lambda_{S}]|^{2}}_{\sigma_{s}^{2}} + \underbrace{\mathbb{E}\{|\Lambda_{C}|^{2}\} - |\mathbb{E}\{\Lambda_{C}\}|^{2}}_{\sigma_{c}^{2}} + 2\Re\{\mathbb{E}(\Lambda_{S}|\Lambda_{C}^{*}) - \mathbb{E}(\Lambda_{S})\mathbb{E}^{*}(\Lambda_{C})\}.$$
(7)

Proposition 2: We have $\mathbb{E} \{\Lambda_{C}\} = 0$, and $\mathbb{E} \{\Lambda_{S}\Lambda_{C}^{*}\} = 0$, thereby leading to

$$\mathbb{E}[\Lambda] = \mathbb{E}[\Lambda_{\rm S}], \quad \sigma_{\Lambda}^2 = \sigma_{\rm S}^2 + \sigma_{\rm C}^2. \tag{8}$$

Proof: See Appendix **B**.

B. Statistical Characteristics of $\Lambda_{S}(\tau, \nu)$

Since $\mathbb{E}\{A_l^2\} = 1$ holds for arbitrary constellations satisfying the power constraint, we have

$$\begin{split} \mathbb{E}\{\Lambda_{\rm S}\} &= T_{\rm diff} {\rm sinc} \left(-\nu T_{\rm diff}\right) \exp\left\{-j2\pi\nu T_{\rm avg}\right\} \\ &\times \sum_{l=0}^{L-1} \exp\left\{j2\pi l\Delta f\tau\right\}. \end{split}$$

Evidently, the expectation holds for arbitrary input distribution of constellation symbols, which implies that it does not play a role in the subsequent PCS design. Accordingly, we mainly concentrate on the variance of $\Lambda_{\rm S}$, which is

$$\begin{split} \tau_{\rm S}^2 &= \mathbb{E}[|\Lambda_{\rm S}|^2] - |\mathbb{E}[\Lambda_{\rm S}]|^2 = T_{\rm diff}^2 {\rm sinc}^2 \left(-\nu T_{\rm diff}\right) \\ &\times \sum_{l_1=0}^{L-1} \sum_{l_2=0}^{L-1} \left\{ \mathbb{E}\left\{A_{l_1}^2 A_{l_2}^2\right\} - 1 \right\} \exp\left\{j 2\pi (l_1 - l_2) \Delta f \tau\right\}. \end{split}$$

As special cases, for PSK with constant modulus, it is evident that $\sigma_s^2 = 0$ due to $\mathbb{E} \left\{ A_{l_1}^2 A_{l_2}^2 \right\} = 1$. In contrast, the variance for uniformly/non-uniformly distributed QAM is not zero, since

$$\mathbb{E}\left\{A_{l_1}^2 A_{l_2}^2\right\} = \begin{cases} \mathbb{E}\left\{A_{l_1}^4\right\}, & l_1 = l_2\\ \mathbb{E}\left\{A_{l_1}^2\right\} \cdot \mathbb{E}\left\{A_{l_2}^2\right\} = 1, & l_1 \neq l_2. \end{cases}$$
(9)

Thanks to (9), we may further simplify $\sigma_{\rm S}^2$ as

$$\sigma_{\rm S}^2 = T_{\rm diff}^2 {\rm sinc}^2 \left(-\nu T_{\rm diff} \right) \sum_{l=0}^{L-1} \left(\mathbb{E} \left\{ A_l^4 \right\} - 1 \right).$$
(10)

The above result implies that the variances of Doppler sidelobes $(\nu \neq 0)$ are very small. Therefore, the major impact of randomness is closely related to the zero-Doppler slice known as the autocorrelation function, leading to

$$\sigma_{\rm S}^2 = LT_{\rm diff}^2 \left(\mathbb{E}\left\{ A_x^4 \right\} - 1 \right), \text{ when } \nu = 0. \tag{11}$$

Both (10) and (11) indicate that the variance of AF is mainly determined by the fourth moment of the constellation's amplitudes. More precisely, the variance may be reduced by minimizing the fourth moment $\mathbb{E} \{A_x^4\}$. Note that the variance is always non-negative by definition, which demonstrates that the fourth moment of the constellation amplitudes is always greater than or equal to the square of transmit power. Hence, we have the following corollary.

Corollary 1: When $\nu = 0$, $\sigma_s^2 = 0$ holds only when all constellation symbols have the constant modulus.

¹Matched filtering as the most common sensing technique, can be used for detecting targets in complex backgrounds corrupted by the interference, clutter, and noise, not only restricted to the noise. Therefore, we use "jamming" here to represent all these adverse components.

Proof: Owing to $\sum_{q=1}^{Q} p_q A_q^2 = 1$ and $\sum_{q=1}^{Q} p_q = 1$, we have

$$\mathbb{E}\left\{A_x^4\right\} = \mathbb{E}\left\{A_x^4\right\} \sum_{q=1}^Q p_q = \sum_{q=1}^Q p_q A_q^4 \sum_{q=1}^Q p_q$$
$$\geq \left(\sum_{q=1}^Q \sqrt{p_q} A_q^2 \sqrt{p_q}\right)^2 = \left(\sum_{q=1}^Q p_q A_q^2\right)^2 = 1.$$

The equal sign holds when $\frac{\sqrt{p_q}A_q^2}{\sqrt{p_q}} = 1$, i.e. $A_q^2 = 1$, for $\forall q$, leading to the unit modulus of all constellation points, i.e., a "pseudo" PSK modulations, as the real PSK has unit modulus and equally spaced phases simultaneously.

C. Statistical Characteristics of Λ_C

To derive the variance of Λ_C , we only need to compute $\mathbb{E}\{|\Lambda_C|^2\}$, which is formulated in (12) at the bottom of this page. For further simplifications, one may rely on

$$\mathbb{E}\left\{A_{l_{1}}A_{l_{2}}A_{l_{1}'}A_{l_{2}'}\exp\left(j(\psi_{l_{1}}-\psi_{l_{2}}-\psi_{l_{1}'}+\psi_{l_{2}'})\right)\right\}$$

$$=\begin{cases} \mathbb{E}\left\{A_{l_{1}}^{2}A_{l_{1}'}^{2}\right\}, \quad l_{1}=l_{2}, l_{1}'=l_{2}'\\ \mathbb{E}\left\{A_{l_{1}}^{2}A_{l_{2}}^{2}\right\}, \quad l_{1}=l_{1}', l_{2}=l_{2}'\\ 0, \qquad \text{otherwise.} \end{cases}$$
(13)

Note however that $\Lambda_{\rm C}$ is defined when $l_2 \neq l_1$ and $l'_2 \neq l'_1$ in (12). As a consequence, recalling (13) suggests that all the non-zero components of $\mathbb{E}\{|\Lambda_{\rm C}|^2\}$ are contributed by the constraints of $l_1 = l'_1$ and $l_2 = l'_2$, yielding

$$\begin{split} \sigma_{\rm C}^2 &= \mathbb{E}\left\{|\Lambda_{\rm C}|^2\right\} - |\mathbb{E}[\Lambda_{\rm C}]|^2 = T_{\rm diff}^2 \sum_{l_1=0}^{L-1} \sum_{l_2=0, \ l_2\neq l_1}^{L-1} \mathbb{E}\left\{A_{l_1}^2 A_{l_2}^2\right\} \\ &\times \operatorname{sinc}^2\left\{\left[(l_1-l_2)\Delta f - \nu\right] T_{\rm diff}\right\}. \end{split}$$

In addition, the condition $l_2 \neq l_1$ results in independent random variables $A_{l_1}^2$ and $A_{l_2}^2$. Then exploiting (9) yields

$$\sigma_{\rm C}^2 = T_{\rm diff}^2 \sum_{l_1=0}^{L-1} \sum_{l_2=0,\atop l_2\neq l_1}^{L-1} \operatorname{sinc}^2 \left\{ \left[(l_1 - l_2) \Delta f - \nu \right] T_{\rm diff} \right\}.$$
(14)

Evidently, when $\nu = 0$, $\sigma_{\rm C}^2$ can be approximately omitted owing to $\operatorname{sinc}((l_1 - l_2)\Delta f) \approx 0$ for $l_1 \neq l_2$. In contrast, $\sigma_{\rm C}^2$ may be relatively large when $\nu \neq 0$. Nevertheless, regardless of the value of $\sigma_{\rm C}^2$, big or small, it is fixed for arbitrary input distribution of constellation symbols, imposing no effect on the subsequent PCS design. According to (10) and (14), we denote variances of PSK and QAM as $\sigma_{S,PSK}^2$, $\sigma_{S,QAM}^2$, $\sigma_{C,PSK}^2$ and $\sigma_{C,QAM}^2$. Then it is evident that

$$\sigma_{\rm S,QAM}^2 > \sigma_{\rm S,PSK}^2 = 0, \quad \sigma_{\rm C,PSK}^2 = \sigma_{\rm C,QAM}^2, \tag{15}$$

which hold under the same power constraint by referring to Corollary 1. Since Λ_S is obtained when $l_1 = l_2$, σ_S^2 is thus to measure the variance of signaling power. It is evident that the power of PSK is invariant for all constellation points due to its constant modulus, thereby leading to $\sigma_{S,PSK}^2 = 0$, while QAM cannot meet this condition. In contrast, Λ_C holds when $l_1 \neq l_2$. Due to the independence among subcarriers, σ_C^2 is thus to measure the variance of signaling amplitudes, which is equal to the same transmit power of PSK and QAM.

The result in (15) again reflects the superiority of PSK modulation over its QAM counterpart in terms of radar sensing, due to the fact that a smaller variance of AF may effectively lead to improved sensing performance, as the fluctuations in the sidelobes incurred by random data are suppressed. Nevertheless, since QAM generally achieves a better communication performance than that of PSK, one may tradeoff between the AIR and sensing performance of QAM by devising σ_s^2 with respect to the input distribution. This paves the way to a PCS approach to balance between S&C.

D. AF of OFDM Sequences

Next, we extend our previous analysis to OFDM sequences with multiple symbols. In contrast to the AF of a conventional radar pulse train, which is relatively trivial since the same waveform is applied for all pulses, the similar extension for OFDM communication signals becomes more challenging owing to the sequence randomness in multiple symbols.

With the accumulation of N symbols in the time domain, a train of OFDM sequences is expressed as

$$\tilde{s}(t) = \sum_{n=0}^{N-1} \sum_{l=0}^{L-1} A_{n,l} \exp(j\psi_{n,l}) \\ \times \exp(j2\pi l\Delta f(t-nT_p)) \operatorname{rect}\left((t-nT_p)/T_p\right), \quad (16)$$

where $\exp(j2\pi l\Delta f(t-nT_p)) \triangleq \phi_l(t-nT_p)$. According to the definition in [33], [36], the AF of $\tilde{s}(t)$ is formulated as

$$\mathbb{E}\left\{|\Lambda_{C}(\tau,\nu)|^{2}\right\} = T_{diff}^{2} \sum_{l_{1}=0}^{L-1} \sum_{\substack{l_{2}=0, \\ l_{2}\neq l_{1}}}^{L-1} \sum_{l_{1}=0}^{L-1} \sum_{\substack{l_{2}=0, \\ l_{2}'\neq l_{1}'}}^{L-1} \mathbb{E}\left\{A_{l_{1}}A_{l_{2}}A_{l_{1}'}A_{l_{2}'}\exp\left\{j\left(\psi_{l_{1}}-\psi_{l_{2}}-\psi_{l_{1}'}+\psi_{l_{2}'}\right)\right\}\right\} \operatorname{sinc}\left\{\left[(l_{1}-l_{2})\Delta f-\nu\right]T_{diff}\right\} \\ \times \operatorname{sinc}\left\{\left[(l_{1}'-l_{2}')\Delta f-\nu\right]T_{diff}\right\}\exp\left\{j2\pi\left[\left((l_{1}-l_{2}-l_{1}'+l_{2}')\Delta f\right)T_{avg}+\left(l_{2}-l_{2}')\Delta f\tau\right]\right\}\right\}.$$
(12)

$$\tilde{\Lambda}(\tau,\nu) = \int_{-\infty}^{\infty} \tilde{s}(t)\tilde{s}^{*}(t-\tau)\exp\left(-j2\pi\nu t\right)dt$$

$$= \sum_{n_{1}=0}^{N-1}\sum_{n_{2}=0}^{N-1}\sum_{l_{1}=0}^{L-1}\sum_{l_{2}=0}^{L-1}A_{n_{1},l_{1}}A_{n_{2},l_{2}}$$

$$\times \exp\left(j(\psi_{n_{1},l_{1}}-\psi_{n_{2},l_{2}})\right)$$

$$\times \int_{-\infty}^{\infty}\phi_{l_{1}}(t')\phi_{l_{2}}^{*}(t'+n_{1}T_{p}-n_{2}T_{p}-\tau)$$

$$\times \exp\left(-j2\pi\nu(t'+n_{1}T_{p})\right)dt', \quad (17)$$

where $t' = t - n_1 T_p$. For notational convenience, we denote

$$\begin{split} \tilde{T}_{\min} &= \max\left(0, \tau + \left(n_2 - n_1\right)T_p\right), \\ \tilde{T}_{\max} &= \min\left(T_p, T_p + \tau + \left(n_2 - n_1\right)T_p\right), \\ \tilde{T}_{\text{avg}} &= \left(\tilde{T}_{\max} + \tilde{T}_{\min}\right)/2, \quad \tilde{T}_{\text{diff}} = \tilde{T}_{\max} - \tilde{T}_{\min}. \end{split}$$

Then the integral in (17) can be computed as in (18) at the bottom of this page.

In the same manner, we consider the self and cross components of AF, expressed as $\tilde{\Lambda} = \tilde{\Lambda}_{S} + \tilde{\Lambda}_{C}$, where $\tilde{\Lambda}_{S}$ is contributed by the $n_1 = n_2$ and $l_1 = l_2$ terms, i.e.,

$$\tilde{\Lambda}_{\rm S} = T_{\rm diff} {\rm sinc} \left(-\nu T_{\rm diff}\right) \exp\left\{-j2\pi\nu T_{\rm avg}\right\} \sum_{n=0}^{N-1} \sum_{l=0}^{L-1} A_{n,l}^2$$
$$\times \exp\left\{j2\pi \left(l\Delta f\tau - n\nu T_p\right)\right\},\tag{19}$$

and $\tilde{\Lambda}_{\rm C}$ is contributed by all remaining components, which is formulated in (20). Note that in (19) $T_{\rm diff}$ and $T_{\rm avg}$ are adopted rather than $\tilde{T}_{\rm diff}$ and $\tilde{T}_{\rm avg}$, due to $n_1 = n_2$.

Similar to the case of Λ_S and Λ_C , the statistical characteristics of $\tilde{\Lambda}_S$ and $\tilde{\Lambda}_C$ are summarized below.

Proposition 3: If the same constellation modulation is adopted for all OFDM symbols, the variance of $\tilde{\Lambda}_{s}$, denoted as $\tilde{\sigma}_{s}^{2}$, is N times the accumulation of that of a single symbol, i.e.,

$$\tilde{\sigma}_{\rm S}^2 = N \sigma_{\rm S}^2. \tag{21}$$

Proof: See Appendix C.

Remark 1: Thanks to N symbols' accumulation, the Doppler resolution is raised N times, and the normalized Doppler sidelobes are also depressed. However, non-normalized Doppler sidelobes actually become larger. Moreover, the signaling randomness would also be inflated with more random symbols. Therefore, exploiting more symbols give rise to the larger $\tilde{\sigma}_S^2$.

Remark 2: In contrast, when the constellation varies with the symbol and the subcarrier, more DoFs can be exploited to scale the signaling randomness, which potentially leads to the better ISAC tradeoff. This can be left as our future work.

Proposition 4: The variance of $\bar{\Lambda}_{\rm C}$, denoted as $\tilde{\sigma}_{\rm C}^2$, does not affect the constellation shaping, since it is fixed for arbitrary input distribution of constellation symbols, i.e.,

$$\tilde{\sigma}_{\mathbf{C}}^2 = \text{constant}, \ \forall p_q, q \in \{1, 2, \cdots, Q\}.$$
 (22)

Proof: See Appendix **D**.

Since the value of $\tilde{\sigma}_{C}^2$ (or equivalently, σ_{C}^2) is constant for arbitrary input distribution of constellation symbols, we are only able to control $\tilde{\sigma}_{S}^2$ (or equivalently, σ_{S}^2), by optimizing the input distribution through PCS. In this manner, the randomness of OFDM signaling can be scaled, thereby affecting the S&C performance simultaneously.

III. COMMUNICATION PERFORMANCE EVALUATION

We adopt the AIR in an additive white Gaussian noise (AWGN) channel as a communication performance

$$\int_{-\infty}^{\infty} \phi_{l_{1}}(t') \phi_{l_{2}}^{*}(t'+n_{1}T_{p}-n_{2}T_{p}-\tau) \exp\left(-j2\pi\nu\left(t'+n_{1}T_{p}\right)\right) dt'$$

$$= \exp\left\{j2\pi\left[l_{2}\Delta f\left((n_{2}-n_{1})T_{p}+\tau\right)-n_{1}\nu T_{p}\right]\right\} \int_{\tilde{T}_{\min}}^{\tilde{T}_{\max}} \exp\left\{j2\pi\left[\left(l_{1}-l_{2}\right)\Delta f-\nu\right]t'\right\} dt'$$

$$= \tilde{T}_{\text{diff}}\text{sinc}\left\{\left[\left(l_{2}-l_{1}\right)\Delta f-\nu\right]\tilde{T}_{\text{diff}}\right\} \exp\left\{j2\pi\left[\left(\left(l_{1}-l_{2}\right)\Delta f-\nu\right)\tilde{T}_{\text{avg}}+l_{2}\Delta f\left((n_{2}-n_{1})T_{p}+\tau\right)-n_{1}\nu T_{p}\right]\right\}\right\}.$$
(18)

$$\tilde{\Lambda}_{C}(\tau,\nu) = \sum_{n=0}^{N-1}\sum_{l_{1}=0}^{L-1}\sum_{\substack{l_{2}=0\\l_{2}\neq l_{1}}}^{L-1} A_{n,l_{1}}A_{n,l_{2}}\exp\left(j\left(\psi_{n,l_{1}}-\psi_{n,l_{2}}\right)\right)$$

$$\times T_{\text{diff}}\text{sinc}\left\{\left[\left(l_{2}-l_{1}\right)\Delta f-\nu\right]T_{\text{diff}}\right\}\exp\left\{j2\pi\left[\left(\left(l_{1}-l_{2}\right)\Delta f-\nu\right)T_{\text{avg}}+l_{2}\Delta f\tau-n\nu T_{p}\right]\right\}.$$

$$+ \sum_{n_{1}=0}^{N-1} \sum_{\substack{n_{2}=0\\n_{2}\neq n_{1}}}^{N-1} \sum_{l_{1}=0}^{L-1} \sum_{l_{2}=0}^{L-1} A_{n_{1},l_{1}} A_{n_{2},l_{2}} \exp\left(j\left(\psi_{n_{1},l_{1}}-\psi_{n_{2},l_{2}}\right)\right) \\ \times \underbrace{\tilde{T}_{\text{diff}}\text{sinc}\left\{\left[\left(l_{2}-l_{1}\right)\Delta f-\nu\right]\tilde{T}_{\text{diff}}\right\}\exp\left\{j2\pi\left[\left(\left(l_{1}-l_{2}\right)\Delta f-\nu\right)\tilde{T}_{\text{avg}}+l_{2}\Delta f\left(\left(n_{2}-n_{1}\right)T_{p}+\tau\right)-n_{1}\nu T_{p}\right]\right\}}_{R_{2}(n_{1},n_{2},l_{1},l_{2})}.$$

(20)

indicator. The received communication signal is expressed in a simple linear form as $y_c(t) = s(t) + n_c(t)$. After the discretization, the discrete signal in the time domain is recast in the matrix-vector form as $\mathbf{y}_c = \mathbf{D}^H \mathbf{x} + \mathbf{n}_c$, where $\mathbf{y}_c = [y_c(0), \cdots, y_c(L-1)]^T$, $\mathbf{x} = [A_0 e^{j\psi_0}, \cdots, A_{L-1} e^{j\psi_{L-1}}]^T$, $\mathbf{n}_c = [n_c(0), \cdots, n_c(L-1)]^T$, and \mathbf{D} is the discrete Fourier transform (DFT) matrix. By transforming \mathbf{y}_c into the frequency domain, we have

$$\mathbf{y} = \mathbf{x} + \mathbf{n},\tag{23}$$

where $\mathbf{y} = \mathbf{D}\mathbf{y}_c$, and $\mathbf{n} = \mathbf{D}\mathbf{n}_c$. Here, $\mathbf{n} \sim \mathcal{CN}(\mathbf{0}, \sigma^2 \mathbf{I}_L)$.

In point-to-point channels, the AIR of L parallel subchannels is characterized by the input-output mutual information (MI), which is [37]

$$I\left(\mathbf{x};\mathbf{y}\right) = \sum_{l=0}^{L-1} I\left(x_l;y_l\right),\tag{24}$$

where x_l and y_l represents the *l*th subchannel elements of **x** and **y**, respectively, and $I(x_l; y_l)$ denotes the MI in the *l*th subchannel. It is not surprising to see that $I(x_l; y_l)$ are equal for all subchannels, due to the fact that the same constellation codebook is adopted at all subcarriers. This suggests that we only need to analyze the MI of a single subchannel, since the overall AIR may be computed as a summation of the rates over *L* sub-channels, namely, $I(\mathbf{x}; \mathbf{y}) = LI(x; y)$, where the subscripts *l* is omitted for notational convenience.

The MI I(x, y) is derived as

$$I(x;y) = \mathbb{E}_{X,Y}\left\{\log\frac{p(y|x)}{p(y)}\right\} = H_Y(y) - H_{Y|X}(y|x),$$
(25)

where

$$H_{Y|X}(y|x) = \log(\pi e\sigma^2), \text{ and}$$
$$H_Y(y) = -\sum_y \left[\log\sum_{x'} p(y|x')p(x')\right] \sum_x p(y|x)p(x)$$

denote the conditional entropy of y given x, and the entropy of y, respectively. Despite that constellation points are discrete, the received signal y is a continuous random variable. For the sake of technical convenience, y is discretized for the followup processing. As a result, we use discrete sum rather than continuous integral in calculating $H_Y(y)$.

Since $p(y) = \sum_{x} p(y|x)p(x)$ is the sum of Gaussian probability density functions (PDFs) p(y|x) weighted by the input distribution p(x), the closed-form of $H_Y(y)$ is generally non-obtainable due to Gaussian mixture (GM) distributed y [38]. To observe the AIR performance, we therefore approximately compute H(y) using Monte Carlo numerical integrals:

$$H_Y(y) = -\mathbb{E}_Y \left[\log \sum_x p(y|x)p(x) \right]$$
$$\approx -\frac{1}{N_{\rm MC}} \sum_{m=1}^{N_{\rm MC}} \log \sum_x p(y_m|x)p(x), \qquad (26)$$

where $N_{\rm MC}$ represents the number of Monte Carlo trials, y_m denotes the *m*th observation and its conditional PDF $p(y_m|x)$

is with standard Gaussian forms in the *k*th trial, for each x in the given constellation. By doing so, the entropy $H_Y(y)$ can be accurately approximated when $N_{\rm MC}$ is sufficiently large, thereby obtaining the accurate value of AIR.

IV. PCS APPROACHES FOR ISAC

A. Optimal PCS Optimization Modeling

On the basis of S&C metrics, i.e., the fourth-moment of constellations and the AIR, both of which are determined by the input distribution, we hereby present an optimal PCS model for ISAC that maximizes the MI, under the sensing, power and probability constraints:

$$(\mathcal{P}1) \begin{cases} \max_{\mathbf{p}} I(\mathbf{p}) \triangleq I(x; y) \\ s.t. \ C_1 : \sum_x p(x) A_x^4 = c_0, \quad C_2 : \sum_x p(x) A_x^2 = 1 \\ C_3 : \sum_x p(x) = 1, \quad C_4 : p(x) \ge 0, \ \forall x \in \mathcal{X} \end{cases}$$

where $\mathbf{p} = [p_1, p_2, \dots, p_Q]^T$ represents the discrete input probability distribution vector of a given constellation. Here, c_0 is a desired value of the fourth-moment of constellation amplitudes, which can be scaled by optimizing \mathbf{p} , in order to control the variation of the sidelobes of AF for sensing. By recalling (25), the MI in $\mathcal{P}1$ is recast as

$$\mathbb{E}_{X,Y}\left\{\log\frac{p(y|x)}{p(y)}\right\} = \sum_{x}\sum_{y}p(x)p(y|x)\log\frac{p(y|x)}{p(y)}$$
$$= \max_{\mathbf{q}}\underbrace{\sum_{x}\sum_{y}p(x)p(y|x)\log\frac{q(x|y)}{p(x)}}_{\mathcal{F}(\mathbf{p},\mathbf{q})},$$

where **q** denotes a transition matrix from \mathcal{Y} to \mathcal{X} [39], with \mathcal{X} and \mathcal{Y} representing input and output alphabets of x and y, respectively. We further reformulate $\mathcal{P}1$ as

$$(\mathcal{P}2) \begin{cases} \max \max \mathcal{F}(\mathbf{p}, \mathbf{q}) \\ \mathbf{p} \quad \mathbf{q} \\ s.t. \ C_1 \sim C_4. \end{cases}$$

The model $\mathcal{P}2$ is a convex optimization problem, since it aims to maximize an objective function jointly concave in \mathbf{p} and \mathbf{q} , under linear constraints $C_1 \cdot C_4$. The concavity of \mathcal{F} can be verified by depicting $\mathcal{F}(\rho \mathbf{p}_1 + (1 - \rho)\mathbf{p}_2, \rho \mathbf{q}_1 + (1 - \rho)\mathbf{q}_2) \ge \rho \mathcal{F}(\mathbf{p}_1, \mathbf{q}_1) + (1 - \rho)\mathcal{F}(\mathbf{p}_2, \mathbf{q}_2)$, where $0 \le \rho \le 1$, based on log-sum inequality. It is worth highlighting that the classic MI maximization problem can be readily solved by the standard Blahut-Arimoto algorithm [39] if the sensing constraint is not imposed. Nevertheless, by incorporating C_1 and C_2 , $\mathcal{P}2$ becomes more challenging, and the conventional methods are not straightforwardly applicable. To that end, we elaborate on an MBA algorithm tailored for $\mathcal{P}2$ by relying on alternating optimization between \mathbf{p} and \mathbf{q} .

As evidenced in [39, Lemma 9.1], given the input distribution **p**, the optimal **q** that maximizes the MI is expressed as

$$q(x|y) = \frac{p(x)p(y|x)}{\sum_{x'} p(x')p(y|x')},$$
(27)

which can be proved by applying the divergence inequality. In order to solve for **p** that maximizes the objective under a given **q** (i.e., maximizing the MI under constraints $C_1 \sim C_4$ for obtaining the AIR, namely, the constrained capacity), we now resort to the Lagrange multiplier to seek for the optimal **p** by temporarily ignoring the constraint C_4 , and thus obtain

$$\mathcal{L} = \sum_{x} \sum_{y} p(x)p(y|x) \log \frac{q(x|y)}{p(x)} - \lambda_1 \left(\sum_{x} p(x)A_x^4 - c_0\right)$$
$$-\lambda_2 \left(\sum_{x} p(x)A_x^2 - 1\right) - \lambda_3 \left(\sum_{x} p(x) - 1\right). \quad (28)$$

For the sake of convenience, the natural logarithm is assumed. Differentiating with respect to p(x) yields

$$\frac{\partial \mathcal{L}}{\partial p(x)} = \sum_{y} p(y|x) \log q(x|y) - \log p(x) \qquad (29)$$
$$-\lambda_1 A_x^4 - \lambda_2 A_x^2 - \lambda_3 - 1.$$

By setting $\frac{\partial \mathcal{L}}{\partial p(x)} = 0$, we have

$$p(x) = \exp\left\{\sum_{y} p(y|x) \log q(x|y) - \lambda_1 A_x^4 - \lambda_2 A_x^2\right\} \\ \times \exp\{-\lambda_3 - 1\}.$$
(30)

Recalling C_3 , we further simplify the result of p(x) as follows:

$$p(x) = \frac{\exp\left\{\sum_{y} p(y|x) \log q(x|y) - \lambda_1 A_x^4 - \lambda_2 A_x^2\right\}}{\sum_{x} \exp\left\{\sum_{y} p(y|x) \log q(x|y) - \lambda_1 A_x^4 - \lambda_2 A_x^2\right\}}.$$

It is immediately observed that p(x) satisfies C_4 due to the fact that exponentials are positive.

Given λ_1 and $\lambda_2,$ we may now define the kth iterative probabilities $q^{(k)}(x|y)$ and $p^{(k+1)}(x)$ for $k\geq 0$ as

$$q^{(k)}(x|y) = \frac{p^{(k)}(x)p(y|x)}{\sum_{x'} p^{(k)}(x')p(y|x')},$$
(31)

$$p^{(k+1)}(x) = \frac{e^{\sum_{y} p(y|x) \log q^{(k)}(x|y) - \lambda_1 A_x - \lambda_2 A_x}}{\sum_{x} e^{\sum_{y} p(y|x) \log q^{(k)}(x|y) - \lambda_1 A_x^4 - \lambda_2 A_x^2}}.$$
 (32)

Then we have

$$\begin{split} \mathcal{F}\left(\mathbf{p}^{(k+1)}, \mathbf{q}^{(k+1)}\right) &= \max_{\mathbf{p}} \ \mathcal{F}\left(\mathbf{p}, \mathbf{q}^{(k+1)}\right) \\ \geq \mathcal{F}\left(\mathbf{p}^{(k)}, \mathbf{q}^{(k+1)}\right) &= \max_{\mathbf{q}} \ \mathcal{F}\left(\mathbf{p}^{(k)}, \mathbf{q}\right) \geq \mathcal{F}\left(\mathbf{p}^{(k)}, \mathbf{q}^{(k)}\right), \end{split}$$

which implies that the alternating optimization converges and admits a globally optimal solution, since the concave objective function of \mathcal{P}_2 is bounded from the above by the entropy of the constellation. We refer readers to [39] for a detailed convergence proof of the BA algorithm.

Substituting (31) into C_1 and C_2 yields

$$f_1(\lambda_1, \lambda_2) = \sum_x (A_x^2 - 1)g(\lambda_1, \lambda_2) = 0,$$

$$f_2(\lambda_1, \lambda_2) = \sum_x (A_x^4 - c_0)g(\lambda_1, \lambda_2) = 0,$$
 (33)

where

$$g(\lambda_1, \lambda_2) = \exp\left\{\sum_{y} p(y|x) \log q^{(k)}(x|y) - \lambda_1 A_x^4 - \lambda_2 A_x^2\right\}.$$
(34)

Note however that the discrete integral in (34) is defined with respect to the GM random variable Y. Therefore, it should also be computed with Monte Carlo integration, expressed as

$$\sum_{y} p(y|x) \log q^{(k)}(x|y)$$

$$= \sum_{y} \frac{p(y|x)}{p(y)} \log q^{(k)}(x|y)p(y)$$

$$= \sum_{y} \frac{p(y|x)}{\sum_{x} p(y|x)p(x)} \log q^{(k)}(x|y)p(y)$$

$$\approx \frac{1}{N_{\rm MC}} \sum_{m}^{N_{\rm MC}} \frac{p(y_m|x)}{\sum_{x} p(y_m|x)p^{(k)}(x)} \log q^{(k)}(x|y_m),$$
(35)

where $p(y_m|x) = \exp\left(-|y_m - x|^2/\sigma^2\right)/(\pi\sigma^2)$ for $x \in \mathcal{X}$.

To proceed, the next step involves determining Lagrange multipliers λ_1 and λ_2 in (33). While a brute-force 2D grid search may be effective in achieving this goal, it leads to an unbearable computational burden. Towards that aim, we develop a tailored Newton's method for this problem. It is of significant importance to highlight the sensibility of Newton's method on the choice of initial values. In order to acquire a reliable initial value that balances between accuracy and computational complexity, we employ a relatively coarse 2D grid search for the initialization of the Newton's method, i.e.,

$$\left\langle \lambda_{1}^{(0)}, \lambda_{2}^{(0)} \right\rangle = \arg \min_{\left\langle \lambda_{1}, \lambda_{2} \right\rangle} \left\| \left[f_{1}\left(\lambda_{1}, \lambda_{2}\right); f_{2}\left(\lambda_{1}, \lambda_{2}\right) \right] \right\|.$$
(36)

The solver is completed when the objective converges to an extremely small positive value, thus attaining a relatively accurate initialization. Then the Lagrange multiplier vector $\boldsymbol{\lambda} = [\lambda_1, \lambda_2]^T$ may be updated with Newton's method, where the ℓ th iteration of $\boldsymbol{\lambda}$ is updated as [40]

$$\boldsymbol{\lambda}^{(\ell+1)} = \boldsymbol{\lambda}^{(\ell)} - \left[\mathbf{F}'(\boldsymbol{\lambda}^{(\ell)}) \right]^{-1} \mathbf{F}\left(\boldsymbol{\lambda}^{(\ell)} \right).$$
(37)

In (37), $\mathbf{F}(\boldsymbol{\lambda}^{(\ell)}) = \left[f_1(\lambda_1^{(\ell)}, \lambda_2^{(\ell)}), f_2(\lambda_1^{(\ell)}, \lambda_2^{(\ell)})\right]^T$, and $\mathbf{F}'(\boldsymbol{\lambda}^{(\ell)})$ is the corresponding Jacobian matrix.

The two iterative processes above are terminated when the difference between adjacent two iterations is lower than the convergence tolerance ε , e.g., $\varepsilon = 10^{-5}$. For clarity, the main steps of MBA algorithm for solving the optimal PCS approach are summarized in the Algorithm 1.

B. Heuristic PCS: A Low Complexity Approach

One may observe that solving $\mathcal{P}2$ requires quantizing the continuous random variable y, in an effort to numerically evaluate (35) in every iteration by Monte Carlo integration, which

Algorithm 1 MBA algorithm for $\mathcal{P}2$.

Input: initialization of $\mathbf{p}^{(0)} = 1/Q \cdot \mathbf{1}_Q$, constellation amplitudes A_x , convergence tolerance ε ;

Output: desired constellation probabilities of p.

1: for $k = 0, 1, \cdots$ do

2:

 $q^{(k)}(x|y) \leftarrow \frac{p^{(k)}(x)p(y|x)}{\sum_{x'} p^{(k)}(x')p(y|x')};$ Initialization of Newton's method: estimate with (36); 3:

- for $\ell = 0, 1, 2, \cdots$ do 4:
- Update the Lagrange multiplier vector with (37); 5:

if $\|\boldsymbol{\lambda}^{(\ell+1)} - \boldsymbol{\lambda}^{(\ell)}\|^2 \leq \varepsilon$ then Record $\ell_0 = \ell + 1$; Break; 6:

- 7:
- end if 8:
- end for 9:
- Substitute (35) and $\lambda^{(\ell_0)}$ into (34): 10:

$$g\left(\lambda_{1}^{(\ell_{0})},\lambda_{2}^{(\ell_{0})}\right) \leftarrow \exp\left\{\frac{1}{N_{\mathrm{MC}}}\sum_{m}^{N_{\mathrm{MC}}} \frac{p(y_{m}|x)}{\sum_{x} p(y_{m}|x)p^{(k)}(x)} \times \log q^{(k)}(x|y_{m}) - \lambda_{1}^{(\ell_{0})}A_{x}^{4} - \lambda_{2}^{(\ell_{0})}A_{x}^{2}\right\}.$$
11: Update $p(x)$: $p^{(k+1)}(x) \leftarrow \frac{g\left(\lambda_{1}^{(\ell_{0})},\lambda_{2}^{(\ell_{0})}\right)}{\sum_{x} g\left(\lambda_{1}^{(\ell_{0})},\lambda_{2}^{(\ell_{0})}\right)};$
12: if $\left\|\mathbf{p}^{(k+1)} - \mathbf{p}^{(k)}\right\|^{2} \leq \varepsilon$ then
13: Record $k_{0} = k + 1;$ Break;
14: end if
15: end for

16: **return** the latest estimate of $\mathbf{p}^{(k_0)}$.

incurs significant computational overheads. To reduce the complexity of the PCS design, we propose a heuristic approach without explicitly involving y, which is

$$(\mathcal{P}3) \begin{cases} \min_{\mathbf{p}} \left| \sum_{x} p(x) A_{x}^{4} - c_{0} \right|^{2} \\ s.t. \ C_{2}, C_{3}, C_{4}. \end{cases}$$
(38)

Again, c_0 is a preset value aiming to control the fourth moment of the constellation, thereby adjusting the variance of AF. We use the term "heuristic" on account of the absence of AIR in $\mathcal{P}3$, despite that the communication performance may still be passively scaled, due to the variation of prior probabilities of the constellation through controlling its fourth moment.

Note that $\mathcal{P}3$ is a convex quadratic optimization problem with linear constraints, which can be readily solved by various wellestablished algorithms. A more strict formulation would be to directly enforce the equality constraint C_1 instead of adopting the least-squares objective function in $\mathcal{P}3$, in which case the constraints C_1 , C_2 and C_3 constitute a linear equation system with respect to the non-negative vector **p**. As demonstrated earlier, the probabilities of constellation points within each concentric circle are equal. Therefore, the computational dimensionality of this linear equation system may be significantly reduced. In this spirit, C_1 , C_2 and C_3 can be reconfigured into

a compact form, i.e.,

$$\underbrace{\begin{pmatrix} A_1^4 & A_2^4 & \cdots & A_W^4, \\ A_1^2 & A_2^2 & \cdots & A_W^2, \\ 1 & 1 & \cdots & 1 \end{pmatrix}}_{\mathbf{A}_W} \begin{pmatrix} \bar{p}_1 \\ \bar{p}_2 \\ \vdots \\ \bar{p}_W \end{pmatrix} = \begin{pmatrix} c_0 \\ 1 \\ 1 \end{pmatrix}, \forall \bar{p}_w \ge 0,$$
(39)

where W denotes the number of concentric circles, and \bar{p}_w represents the identical probability in the wth circle.

Given a 16-QAM constellation, the presence of three concentric circles (W = 3) simplifies the probability calculation, as it only necessitates three probability values. Furthermore, given that the matrix A_W is now full-rank, (39) admits a unique solution while satisfying constraint C_4 . Importantly, it is noteworthy that this solution is independent of the AIR, implying that solving both $\mathcal{P}2$ and $\mathcal{P}3$ yields identical results for the 16-QAM constellation. In contrast, for a 64-QAM (W = 9) constellation, (39) becomes under-determined. In this case, there may exist multiple feasible solutions, indicating that the solution of $\mathcal{P}3$ is merely one among those of $\mathcal{P}2$. Importantly, this solution does not necessarily represent the optimal one that maximizes the AIR, underscoring that $\mathcal{P}2$ is indeed an optimal PCS model compared to $\mathcal{P}3$. This also highlights the need of specialized algorithms for higher-order QAM modulation schemes, i.e., seeking for a solution of the linear equation system (39) via the convex programming (38).

C. Discussions

1) Determination of the Value of c_0 : Intuitively, since the minimal fourth moment $\mathbb{E}\left\{A_x^4\right\} = 1$ is attainable for PSK, by varying c_0 from 1 to the value of a uniform QAM constellation, one may also expect that the communication performance can be scaled from the PSK's AIR to that of QAM. In contrast, $\mathbb{E}\{A_x^4\}$ for uniform QAM modulation can be readily calculated as:

$$\sum_{q=1}^{Q} A_q^4 \cdot \mathbf{1}_Q / Q = \begin{cases} 1.32, & 16\text{-QAM}, \ Q = 16, \\ 1.3805, & 64\text{-QAM}, \ Q = 64. \end{cases}$$

Since our objective is to scale the S&C performance from PSK to QAM, the interested region of $\mathbb{E}\{A_x^4\}$ can thus be determined before solving $\mathcal{P}2$ and $\mathcal{P}3$, i.e., [1, 1.32] for 16-QAM and [1, 1.3805] for 64-QAM. After solving $\mathcal{P}2$ and $\mathcal{P}3$, the one-to-one mapping between each **p** and each value of c_0 may be computed and stored in a look-up table for practical use. Whereafter, we can determine the value of c_0 in accordance with the practical S&C qualities of service (QoS). These will be further revealed in simulation results in Sec. V.

2) Similarities/Differences Between Two PCS Approaches: In accordance with optimization models of $\mathcal{P}2$ and $\mathcal{P}3$, the heuristic approach is evidently sub-optimal due to the exclusion of AIR metric from the optimal approach. Nevertheless, both approaches can scale the S&C performance, while the heuristic counterpart benefits from its significantly lower complexity. Indeed, such a tradeoff will be observed in our simulation results in Sec. V, where the optimal PCS approach corresponds



Fig. 2. AF of OFDM signals under uniformly distributed 64-QAM and 64-PSK modulations.

to the outer bound relative to the heuristic counterpart, though both of them achieve similar behaviors. Finally, we highlight a similarity between $\mathcal{P}2$ and $\mathcal{P}3$ that both approaches may be implemented in an *offline* manner, which is beneficial to practical usages.

V. SIMULATIONS

We consider OFDM signals with normalized bandwidth and L = 64 subcarriers. Conventional radar AF performance is assessed by evaluating $10 \log_{10} |\Lambda(\tau, \nu)|^2$ due to the deterministic $\Lambda(\tau, \nu)$. While for random OFDM signaling, all the AFs are evaluated in accordance with their average AF performance, i.e.,

$$\bar{\Lambda}(\tau,\nu) = 10 \log_{10} \frac{1}{N_{\rm MC}} \sum_{m=1}^{N_{\rm MC}} |\Lambda_m(\tau,\nu)|^2, \qquad (40)$$

where $N_{\rm MC} = 5000$ trials are used, and $\Lambda_m(\tau, \nu)$ represents the *m*th realization of the random AF. The average AFs are normalized as well. Recalling (6), (7) and (8), we observe that

$$\bar{\Lambda}(\tau,\nu) \approx 10 \log_{10} \mathbb{E}\left\{|\Lambda|^2\right\} = 10 \log_{10}\left(\sigma_{\Lambda}^2 + |\mathbb{E}[\Lambda]|^2\right)$$
$$= 10 \log_{10}\left(\sigma_{S}^2 + \sigma_{C}^2 + |\mathbb{E}[\Lambda_{S}]|^2\right). \tag{41}$$

Then it is evident that the sidelobes of AF are only determined by the input distribution vector **p** through σ_s^2 , since both σ_c^2 and $\mathbb{E}[\Lambda_S]$ are irrelevant to **p**.

A. AF Performance

Before presenting our PCS approaches with non-uniformly distributed constellations, we first evaluate the AF of OFDM communication signals for uniformly distributed 64-PSK and 64-QAM modulations. Notably, Fig. 2(a) unveils the presence of three peaks in the average AF of both 64-PSK and 64-QAM modulated signals, a phenomenon arising from the



Fig. 3. AF with simulated $\bar{\Lambda}(\tau,0)$, and the analytical $\bar{\Lambda}_{S}(\tau,0)$ and $\bar{\Lambda}_{C}(\tau,0)$.



Fig. 4. Heuristic PCS results with different c₀: 16-QAM and 64-QAM.

utilization of normalized axes with respect to T_p and B, respectively. Therefore, two additional peaks appear on account of the Doppler ambiguity. As exhibited in Fig. 2(b), it is evident that 64-PSK possesses significantly better average AF performance compared to 64-QAM, in terms of zero-Doppler slice (i.e., the autocorrelation function). The maximum gap of nearly 14 dB may be attributed to lower sidelobes of 64-PSK in zero-Doppler slice. Additionally, Fig. 2(c) and 2(d) depict the zero Doppler slices for a single realization of 64-PSK and 64-QAM modulated OFDM signal, respectively. The results demonstrate that both modulations result in random fluctuations in the AF, while 64-PSK is again superior to 64-QAM in terms of the lower random sidelobes.

Next, in Fig. 3, we present analytical results of $\bar{\Lambda}_S$ and $\bar{\Lambda}_C$, alongside the simulated autocorrelation functions of 64-QAM and 64-PSK, respectively. The sensing performance gap between 64-QAM and 64-PSK stems solely from $\bar{\Lambda}_S$. Consequently, the statistical characteristics of $\bar{\Lambda}_C$ bear no influence on the PCS method.



Fig. 5. SO-CFAR results for single realizations of 64-QAM and 64-PSK.

B. ISAC Performance With Heuristic PCS Approach

We next evaluate the effectiveness of the heuristic PCS approach in the context of QAM constellations (referred to as "16/64-QAM-PCS"). As shown in Fig. 4(b) and 4(e), when $c_0 = 1$, the optimization model seeks for the solution of optimal sensing performance, in terms of the smallest fourthmoment of constellation amplitudes, i.e., $\mathbb{E}\left\{A_x^4\right\} - 1 = 0$. For 16-QAM, PCS yields an output characterized by unit modulus points, constituting a pseudo 8-PSK. It is worth emphasizing that this constellation is not a real 8-PSK since the phase differences between adjacent points are not equal. On the other hand, in the case of 64-QAM, the PCS algorithm cannot find a constant modulus circle with unit power, thereby outputs two constant modulus circles proximate to the unit modulus circle, which corresponds to the fourthmoment value of 1.0363. In addition, when c_0 increases, the PCS outputs the constellation with non-uniform input distribution, which balances between the best sensing $(c_0 = 1)$ and the best communication (i.e., uniformly distributed QAM) performance.

To assess the system-level sensing performance, and to illustrate the benefits of reducing sidelobes, we further consider a use case of detecting weak targets in the presence of strong self-interference (SI), which is applicable for practical ISAC scenarios operating in the in-band full duplex (IBFD) mode for short-range target detection [41]. To recover the weak target, the smallest of constant false alarm probability (SO-CFAR) detector [42, Chapter 6.5.5] is exploited, since the power of SI and noise elsewhere is not uniform. Thanks to such adaptive signal processing, the SI can be effectively excluded from the computation process of detection threshold. Throughout 5000 Monte Carlo trials, the probability of false alarm (P_{fa}) is fixed as 10^{-4} , and the weak target is allocated within the 8th range cell, which is close to the SI at the 0th range cell. The sensing signalto-noise ratio (SNR) is defined as the power ratio between the weak target and the noise, while the power ratio between the SI and the noise is fixed as 10 dB. Fig. 5 illustrates the performance of SO-CFAR for random realizations of 64-QAM and

64-PSK, demonstrating that 64-PSK is more beneficial for weak target detection due to the lower random sidelobes of SI, while 64-QAM results in a higher threshold on the top of the weak target. Moreover, the detection performance of 64-QAM-PCS falls in between those of 64-QAM and 64-PSK. Nevertheless, the results of single realizations are not sufficiently convincing. To evaluate the average performance with N_{MC} Monte Carlo trials, the probability of detection (P_d) versus the sensing SNR is portrayed in Figs. 6(a) and 7(a), which shows again that the proposed PCS approach achieves a performance tradeoff between 64-QAM and 64-PSK on an average sense. This indicates that the practical sensing performance (i.e., the P_d) may be flexibly adjusted by controlling the value of c_0 .

To evaluate the communication performance, we compute the AIR in an AWGN channel with Monte Carlo integrals in (26). In Figs. 6(b) and 7(b), the noise power σ^2 controls the receive communication SNR. For a high SNR case ($\sigma^2 = 0.01$), it is observed that the AIR reaches to the maximum values 4bps/Hz in $c_0 = 1.32$ for 16-QAM-PCS and 6 bps/Hz in $c_0 = 1.38$ for 64-QAM-PCS, corresponding to the entropy of the uniformly distributed 16-QAM and 64-QAM. When $c_0 = 1$, the high-SNR AIR is 3bps/Hz, achieved by the pseudo 8-PSK constellation as shown in Fig. 4(b), indicating that the optimal sensing performance at this moment is attained at the price of 1bps/Hz rate loss. Moreover, there is an obvious tradeoff between S&C in the region of $c_0 \in [1, 1.32]$, with known probability distributions on this curve, which is consistent with our analysis in Sec. IV-B. Notably, when $c_0 > 1.32$, the PCS is not uniform again, results in a declining AIR. In contrast, with $c_0 > 1.62$, the fourth moment of amplitudes reaches to its largest value and thus the AIR keeps constant as well.

Figs. 6(c) and 7(c) further reveal the advantages of the proposed PCS method across various SNR values. As anticipated in Fig. 6(c), both 16-QAM and 16-PSK reach to their capacity limit of 4bps/Hz, respectively, when the communication SNR is sufficiently high. However, in the relatively low SNR region, namely, for SNR = 10 dB in Fig. 6(c), a noticeable gap becomes apparent between 16-QAM and 16-PSK. Thanks to the heuristic PCS customization, one may achieve a transmission rate gain at the expense of sensing performance loss when comparing with its PSK counterparts, striking a scalable tradeoff between S&C. Similar results for 64-QAM-PCS are also portrayed in Fig. 7(c).

C. ISAC Performance With Optimal PCS Approach

We now evaluate the behavior of the proposed MBA algorithm for the optimal PCS optimization model, and compare its performance with the heuristic PCS approach. As demonstrated previously, the tradeoff regime between S&C lies in:

$$\begin{cases} 16-\text{QAM:} & c_0 \in [1, 1.32] \\ 64-\text{QAM:} & c_0 \in [1.0363, 1.3805] \end{cases}$$

Therefore, we may only concentrate on these segments in the following. Notably, optimal PCS and heuristic PCS approaches



Fig. 6. 16-QAM PCS: heuristic PCS results for S&C performance. The maximum AIR for 64-QAM is achieved at $c_0 = 1.32$.



Fig. 7. 64-QAM PCS: heuristic PCS results for S&C performance. The maximum AIR for 64-QAM is achieved at $c_0 = 1.3805$.



Fig. 8. 64-QAM PCS: AIR and P_d versus c_0 .



Fig. 9. 64-QAM PCS: S&C tradeoff regions.

have the same and unique solution for 16-QAM based constellation, which has been clarified in Sec. IV-B. That is why we consider only the 64-QAM case below.

In Fig. 8, the two proposed PCS approaches are compared, in terms of their S&C performance with varying c_0 . On one hand, the optimal PCS approach slightly outperforms heuristic PCS counterpart in achieving higher AIR. This confirms that the heuristic PCS without involving communication metric may already approaches the optimal performance bound (i.e., the optimal PCS results) at a significantly reduced complexity. On the other hand, these two approaches have almost identical P_d due to the same fourth-moment of constellation amplitudes. We may conclude that optimal PCS achieves the Pareto frontier between S&C performance, while the low-complexity heuristic PCS yields near-optimal solutions.

Finally, the tradeoff regions for optimal PCS and heuristic PCS approaches are explicitly characterized in Fig. 9, demonstrating that optimal PCS in general achieves the better performance over heuristic PCS, despite the relatively limited performance gain. The performance of conventional PSK and

QAM with uniform constellation points, together with the timesharing strategy [23], are also depicted for comparison. Notably, 64-QAM PCS results cannot reach the corner points of uniform PSK, due to the fact that a constant modulus shaping is not possible, as shown Fig. 4(e). However, the AIR of PSK is inferior to PCS enabled 64-QAM constellations, which coincides with the observation in Fig. 7(c). Overall, the resulting S&C performance boundaries confirm that both PCS approaches outperform the time-sharing strategy, corresponding to a line segment connected the sensing-optimal point to the communicationoptimal point. Moreover, the optimal constellation probabilities on the performance boundaries are readily obtainable as well through the proposed PCS optimization approach. Different from the uniform distribution, both PCS approaches may scale the constellation probability distribution by controlling c_0 , thereby affecting both S&C performance simultaneously. For higher-order QAM modulations or different noise levels, a look-up table of constellation probabilities may be conceived in an offline manner, indicating that the proposed ISAC signaling strategy may be configured in advance as per the practical service requirements. As a consequence, the complexity would not restrict its practical usefulness of proposed PCS approaches.

VI. CONCLUSION

This article explored the tradeoff between S&C using OFDM communication signals in monostatic ISAC systems. We first investigated the statistical characteristics of AF for OFDM signaling modulated by random symbols with arbitrary input distribution. Then, an optimal PCS approach was devised by maximizing the AIR, subject to the fourth-moment of constellation symbols, power, and probability constraints, which was numerically solved by a tailored MBA algorithm. Furthermore, a heuristic PCS approach was proposed by omitting the AIR metric, in an effort to actively control the fourth-moment of the constellation, and passively scale the communication performance by adjusting the input distribution. The main characteristics of our approaches lie in: 1) In contrast to the conventional uniform QAM modulation, the enhanced sensing performance owing to lower sidelobes of matched filtering, is attained at the expense of a certain AIR loss. 2) In contrast to the conventional uniform PSK modulation, the AIR in the low communication SNR region can be improved at the expense of certain sensing performance loss. Therefore, our approaches may strike a scalable performance tradeoff between S&C. In addition, the heuristic PCS approach achieved very close performance to the S&C tradeoff boundary achieved by the optimal PCS approach, while at a much lower computational complexity. Finally, both PCS approaches may be implemented offline in practical 6G ISAC applications.

Since the weighted summation of delay- and Doppler-shifted AFs constitute the main output of matched filtering, the PCS effect on other OFDM sensing approaches such as the elementwise division [11] and linear minimum mean square error (LMMSE) filtering [43], remain unclear and should be further investigated in the future.

APPENDIX A

PROOF OF PROPOSITION 1

Substituting s(t) into (4) yields

$$\Lambda(\tau,\nu) = \sum_{l_1=0}^{L-1} \sum_{l_2=0}^{L-1} A_{l_1} A_{l_2} \exp\left(j\left(\psi_{l_1} - \psi_{l_2}\right)\right) \\ \times \int_{-\infty}^{\infty} \phi_{l_1}(t) \phi_{l_2}^*(t-\tau) \exp\left(-j2\pi\nu t\right) dt.$$
(42)

The integral in (42) may be further recast as

$$\int_{-\infty}^{\infty} \phi_{l_1}(t)\phi_{l_2}^*(t-\tau)\exp\left(-j2\pi\nu t\right)dt = \exp\left(j2\pi l_2\Delta f\tau\right)$$
$$\times \int_{T_{\min}}^{T_{\max}} \exp\left\{j2\pi\left[\left(l_1-l_2\right)\Delta f-\nu\right]t\right\}dt. \tag{43}$$

To proceed, we rely on the following equation:

$$\int_{T_{\rm min}}^{T_{\rm max}} \exp\left(j2\pi ft\right) dt = T_{\rm diff} {\rm sinc}\left(fT_{\rm diff}\right) \exp\left(j2\pi fT_{\rm avg}\right).$$

Then it is straightforward to reformulate (43) as

$$\int_{-\infty}^{\infty} \phi_{l_1}(t)\phi_{l_2}^*(t-\tau) \exp\left(-j2\pi\nu t\right) dt$$

= $T_{\text{diff}}\text{sinc}\left\{\left[\left(l_1-l_2\right)\Delta f-\nu\right]T_{\text{diff}}\right\}$
 $\times \exp\left\{j2\pi\left[\left(\left(l_1-l_2\right)\Delta f-\nu\right)T_{\text{avg}}+l_2\Delta f\tau\right]\right\}.$ (44)

Inserting (44) into (42) proves Proposition 1.

APPENDIX B

PROOF OF PROPOSITION 2

The derivation of $\mathbb{E}(\Lambda_{S}\Lambda_{C}^{*})$ is shown as:

$$\mathbb{E} \{ \Lambda_{S} \Lambda_{C}^{*} \} = K_{0} \sum_{l=0}^{L-1} \sum_{l_{1}=0}^{L-1} \sum_{l_{2}=0 \atop l_{2} \neq l_{1}}^{L-1} \mathbb{E} \{ A_{l}^{2} A_{l_{1}} A_{l_{2}} \\ \times \exp(j(\psi_{l_{1}} - \psi_{l_{2}})) \} K_{l,l_{1},l_{2}}, \qquad (45)$$

where K_0 and K_{l,l_1,l_2} are constant with respect to the input distribution of constellation.

Then we have $\mathbb{E}(\Lambda_{S}\Lambda_{C}^{*}) = 0$, due to the fact that

$$\begin{split} & \mathbb{E}\left\{A_{l}^{2}A_{l_{1}}A_{l_{2}}\exp\left(-j\left(\psi_{l_{1}}-\psi_{l_{2}}\right)\right)\right\} \\ & = \begin{cases} \mathbb{E}\left\{A_{l_{1}}^{3}e^{-j\psi_{l_{1}}}\right\}\mathbb{E}\left\{A_{l_{2}}e^{j\psi_{l_{2}}}\right\}=0, & l=l_{1}\neq l_{2} \\ \mathbb{E}\left\{A_{l_{2}}^{3}e^{j\psi_{l_{2}}}\right\}\mathbb{E}\left\{A_{l_{1}}e^{-j\psi_{l_{1}}}\right\}=0, & l=l_{2}\neq l_{1} \\ \mathbb{E}\left\{A_{l}^{2}\right\}\mathbb{E}\left\{A_{l_{1}}e^{j\psi_{l_{1}}}\right\}\mathbb{E}\left\{A_{l_{2}}e^{-j\psi_{l_{2}}}\right\}=0, & l\neq l_{1}\neq l_{2} \end{cases} \end{split}$$

where the derivation exploits the rule that $\mathbb{E}\{ABC\} = \mathbb{E}\{A\}\mathbb{E}\{B\}\mathbb{E}\{C\}$, if A, B and C are independent. For example, when $l_1 \neq l_2$ we have $\mathbb{E}\{A_{l_1}A_{l_2}e^{-j(\psi_{l_1}-\psi_{l_2})}\} = \mathbb{E}\{A_{l_1}e^{-j\psi_{l_1}}\}\mathbb{E}\{A_{l_2}e^{j\psi_{l_2}}\}$ since $A_{l_1}e^{-j\psi_{l_1}}$ and $A_{l_2}e^{j\psi_{l_2}}$ are generated from i.i.d. input symbols in the constellation. Moreover, all three cases equal to zero due to that $\mathbb{E}\{A_l \exp(j\psi_l)\} = 0$, which has been shown in Assumption 1. Benefiting from this, it is straightforward to see that $\mathbb{E}\{\Lambda_{C}(\tau,\nu)\} = 0$. Proposition 2 is thus proved.

APPENDIX C

PROOF OF PROPOSITION 3

Following a similar derivation procedure of $\sigma_{\rm S}^2$, we formulate the variance of $\tilde{\Lambda}_{\rm S}$ as

$$\begin{split} \tilde{\sigma}_{\rm S}^2 &= \mathbb{E}[|\tilde{\Lambda}_{\rm S}|^2] - |\mathbb{E}[\tilde{\Lambda}_{\rm S}]|^2 \\ &= T_{\rm diff}^2 {\rm sinc}^2 \left(-\nu T_{\rm diff}\right) \sum_{n=0}^{N-1} \sum_{l=0}^{L-1} \sum_{n'=0}^{N-1} \sum_{l'=0}^{L-1} \\ &\left\{ \mathbb{E}\left\{A_{n,l}^2 A_{n',l'}^2\right\} - 1\right\} \\ &\times \exp\left\{j2\pi\left[(l-l')\,\Delta f\tau - (n-n')\,\nu T_p\right]\right\} \end{split}$$
(46)

In accordance with

$$\mathbb{E}\left\{A_{n,l}^2 A_{n',l'}^2\right\} = \begin{cases} \mathbb{E}\left\{A_{n,l}^4\right\}, & n = n', l = l'\\ \mathbb{E}\left\{A_{n,l}^2\right\} \mathbb{E}\left\{A_{n',l'}^2\right\} = 1, \text{ Otherwise} \end{cases}$$

we may further simplify $\tilde{\sigma}_{s}^{2}(\tau, \nu)$ as

$$\tilde{\sigma}_{\mathrm{S}}^2 = T_{\mathrm{diff}}^2 \mathrm{sinc}^2 \left(-\nu T_{\mathrm{diff}} \right) \sum_{n=0}^{N-1} \sum_{l=0}^{L-1} \left(\mathbb{E} \left\{ A_{n,l}^4 \right\} - 1 \right).$$

Compared with (10), it is evident that $\tilde{\sigma}_{s}^{2}(\tau, \nu)$ is the variance accumulation of N symbols. Therefore, Proposition 3 is proved.

APPENDIX D

PROOF OF PROPOSITION 4

Likewise, we derive the variance of $\Lambda_{\rm C}$ as

$$\tilde{\sigma}_{\rm C}^2 = \mathbb{E}\{|\tilde{\Lambda}_{\rm C}|^2\} - |\mathbb{E}\{\tilde{\Lambda}_{\rm C}\}|^2.$$
(47)

Firstly, $\mathbb{E}{\{\tilde{\Lambda}_{C}\}} = 0$ can be readily verified. We therefore only need to derive $\mathbb{E}{\{|\tilde{\Lambda}_{C}|^2\}}$. For brevity, we denote the two terms in (20) by Z_1 and Z_2 , and subsequently reformulate (20) as

$$\tilde{\sigma}_{\rm C}^2 = \mathbb{E}\{|Z_1|^2\} + \mathbb{E}\{|Z_2|^2\} - 2\Re\{\mathbb{E}\{Z_1Z_2^*\}\},\tag{48}$$

where

$$\mathbb{E}\left\{|Z_{1}|^{2}\right\} = \sum_{n=0}^{N-1} \sum_{l_{1}=0}^{L-1} \sum_{\substack{l_{2}=0\\l_{2}\neq l_{1}}}^{N-1} \sum_{n'=0}^{L-1} \sum_{\substack{l'_{1}=0\\l'_{2}\neq l'_{1}}}^{L-1} \sum_{\substack{l'_{2}=0\\l'_{2}\neq l'_{1}}}^{L-1} \mathbb{E}\left\{A_{n,l_{1}}A_{n,l_{2}}\right\}$$

$$\times A_{n',l'_{1}}A_{n',l'_{2}}e^{j(\psi_{n,l_{1}}-\psi_{n,l_{2}}-\psi_{n',l'_{1}}+\psi_{n',l'_{2}})}\right\}$$

$$\times R_{1}\left(n,l_{1},l_{2}\right)R_{1}^{*}\left(n',l'_{1},l'_{2}\right), \qquad (49)$$

$$\mathbb{E}\left\{\left|Z_{2}\right|^{2}\right\} = \sum_{n_{1}=0} \sum_{\substack{n_{2}=0\\n_{2}\neq n_{1}}} \sum_{l_{1}=0} \sum_{l_{2}=0} \sum_{n_{1}'=0} \sum_{\substack{n_{2}'=0\\n_{2}'\neq n_{1}'}} \sum_{l_{1}'=0} \sum_{l_{2}'=0}$$
$$\mathbb{E}\left\{A_{n_{1},l_{1}}A_{n_{2},l_{2}}A_{n_{1}',l_{1}'}\right\}$$

$$\times A_{n'_{2},l'_{2}} e^{j(\psi_{n_{1},l_{1}}-\psi_{n_{2},l_{2}}-\psi_{n'_{1},l'_{1}}+\psi_{n'_{2},l'_{2}})} \\ \times R_{2}(n_{1},n_{2},l_{1},l_{2}) R_{2}^{*}(n'_{1},n'_{2},l'_{1},l'_{2}), \qquad (50)$$

$$\mathbb{E}\left\{Z_{1}Z_{2}^{*}\right\} = \sum_{n=0}^{N-1} \sum_{l_{1}=0}^{L-1} \sum_{l_{2}\neq l_{1}}^{L-1} \sum_{n_{1}'=0}^{N-1} \sum_{\substack{n_{2}'=0\\n_{2}'\neq n_{1}'}}^{N-1} \sum_{l_{1}'=0}^{L-1} \sum_{l_{2}'=0}^{L-1} \mathbb{E}\left\{A_{n,l_{1}}A_{n,l_{2}}\right\}$$
$$\times A_{n_{1}',l_{1}'}A_{n_{2}',l_{2}'}e^{j(\psi_{n,l_{1}}-\psi_{n,l_{2}}-\psi_{n_{1}',l_{1}'}+\psi_{n_{2}',l_{2}'})}\right\}$$
$$\times R_{1}\left(n,l_{1},l_{2}\right)R_{2}^{*}\left(n_{1}',n_{2}',l_{1}',l_{2}'\right).$$
(51)

For further simplifications, we note the following facts that

$$\begin{split} & \mathbb{E} \Big\{ A_{n,l_1} A_{n,l_2} A_{n',l_1'} A_{n',l_2'} \\ & \times \exp \left(j \left(\psi_{n,l_1} - \psi_{n,l_2} - \psi_{n',l_1'} + \psi_{n',l_2'} \right) \right) \Big\} \\ & = \begin{cases} \mathbb{E} \Big\{ A_{n,l_1}^2 A_{n',l_1'}^2 \Big\}, & l_1 = l_2, l_1' = l_2' \\ \mathbb{E} \Big\{ A_{n,l_1}^2 A_{n,l_2}^2 \Big\}, & l_1 = l_1', l_2 = l_2', n = n' \\ 0, & \text{otherwise} \end{cases} \end{split}$$

$$\begin{split} & \mathbb{E} \Big\{ A_{n_1,l_1} A_{n_2,l_2} A_{n_1',l_1'} A_{n_2',l_2'} \\ & \times \exp \left(j \left(\psi_{n_1,l_1} - \psi_{n_2,l_2} - \psi_{n_1',l_1'} + \psi_{n_2',l_2'} \right) \right) \Big\} \\ & = \begin{cases} \mathbb{E} \Big\{ A_{n_1,l_1}^2 A_{n_1',l_1'}^2 \Big\}, & l_1 = l_2, l_1' = l_2', n_1 = n_2, n_1' = n_2' \\ \mathbb{E} \Big\{ A_{n_1,l_1}^2 A_{n_2,l_2}^2 \Big\}, & l_1 = l_1', l_2 = l_2', n_1 = n_1', n_2 = n_2' \\ 0, & \text{otherwise} \end{cases} \end{split}$$

$$\begin{split} & \mathbb{E} \Big\{ A_{n,l_1} A_{n,l_2} A_{n'_1,l'_1} A_{n'_2,l'_2} \\ & \times \exp(j(\psi_{n,l_1} - \psi_{n,l_2} - \psi_{n'_1,l'_1} + \psi_{n'_2,l'_2})) \Big\} \\ & = \begin{cases} \mathbb{E} \Big\{ A_{n,l_1}^2 A_{n',l'_1}^2 \Big\}, & l_1 = l_2, l'_1 = l'_2 \\ \mathbb{E} \Big\{ A_{n,l_1}^2 A_{n,l_2}^2 \Big\}, & l_1 = l'_1, l_2 = l'_2, n = n'_1 = n'_2 \\ 0, & \text{otherwise} \end{cases} \end{split}$$

Therefore, the expectations can be significantly simplified as

$$\mathbb{E}\{|Z_1|^2\} = \sum_{n=0}^{N-1} \sum_{l_1=0}^{L-1} \sum_{l_2\neq l_1}^{L-1} |R_1(n, l_1, l_2)|^2,$$
$$\mathbb{E}\{|Z_2|^2\} = \sum_{n_1=0}^{N-1} \sum_{\substack{n_2=0\\n_2\neq n_1}}^{N-1} \sum_{l_1=0}^{L-1} \sum_{l_2=0}^{L-1} |R_2(n_1, n_2, l_1, l_2)|^2,$$
$$\mathbb{E}\{Z_1Z_2^*\} = 0.$$

Finally, one can obtain

$$\begin{split} \tilde{\sigma}_{\mathrm{C}}^2 &= \sum_{n=0}^{N-1} \sum_{l_1=0}^{L-1} \sum_{l_2 \neq l_1}^{L-1} |R_1(n,l_1,l_2)|^2 \\ &+ \sum_{n_1=0}^{N-1} \sum_{\substack{n_2 \neq 0 \\ n_2 \neq n_1}}^{N-1} \sum_{l_1=0}^{L-1} \sum_{l_2=0}^{L-1} |R_2(n_1,n_2,l_1,l_2)|^2. \end{split}$$

Similarly, this result suggests that $\tilde{\sigma}_{C}^{2}$ is a fixed constant for different constellations. Therefore, Proposition 4 is proved.

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